



# MONDAY

101	<b>BOOTCAMP 7:30-8:30pm</b> (Do classes on Mon and Wed for only €120).	€70
102	<b>BRIDGE FOR BEGINNERS</b>	€120
103	<b>CERAMICS/HAND-BUILT POTTERY 7:00-9:00pm</b> (All levels)	€150
104	<b>COMPUTERS FOR BEGINNERS</b>	€120
105	<b>COMPUTERS-MS Office</b> (Improvers)	€120
106	<b>COOKING- FAMILY FAVOURITES</b>	€120
107	<b>DIY / HOME MAINTENANCE</b>	€120
108	<b>ENGLISH AS AN ALTERNATIVE LANGUAGE</b> (Beginners)	€120
109	<b>ENGLISH AS AN ALTERNATIVE LANGUAGE</b> (Improvers)	€120
110	<b>EXERCISE TO ENERGISE</b> (Age 55+) <b>6:30-7:30pm</b> (Do classes on Mon and Wed for only €100).	€60
111	<b>FLORISTRY</b> (Extra charge for Flowers and Materials pack)	€120
112	<b>HAIRDRESSING</b> (Beginners)	€120
113	<b>INTERIOR DESIGN - an introduction</b> (8 weeks)	€100
114	<b>OIL PAINTING 7:00-9:00pm</b>	€120
115	<b>PILATES</b> (Mixed Ability) <b>7:30-8:30pm</b>	€70
116	<b>ORNAMENTAL GLASS (Stained Glass)</b> (8 weeks)	€150
117	<b>SEWING &amp; TEXTILE CRAFT 7:30-9:30pm</b> (Materials Extra)	€130
118	<b>UKULELE</b> (Beginners) <b>7:30-8:30pm</b>	€70
119	<b>UKULELE</b> (Improvers) <b>8:30-9.30pm</b>	€70
120	<b>WELLBEING - MINDING YOUR MENTAL HEALTH</b>	€120
121	<b>YOGA</b> (Beginners & Improvers) <b>7:30-9:00pm</b> (Do Yoga classes on 2 nights for only €160)	€90

## Oral Preparation Classes

Aimed at students preparing for the Leaving Certificate Oral examinations. (8 Weeks)

**Tuesday: French** (240) 7.00-8.30pm

**Wednesday: Irish** (340) 7.00-8.30pm

Max no. of 14 per class €70

Starts week beginning 5th February

# TUESDAY

201	<b>BARBERING - BEGINNERS</b>	€130
202	<b>BRIDGE (LEVEL 2)</b>	€120
203	<b>BUILD YOUR OWN HOME</b>	€120
204	<b>CAKE DECORATION &amp; SUGAR CRAFT 6:30-8:00pm</b> (Beginners) (Course materials extra.)	€120
205	<b>CAKE DECORATION &amp; SUGAR CRAFT 8:05-9:30pm</b> (Improvers) (Course materials extra)	€120
206	<b>CAR/VEHICLE MAINTENANCE</b>	€120
207	<b>CARPENTRY - A PRACTICAL APPROACH 7:00-9:30pm</b> (All Materials Included - 8 weeks)	€140
208	<b>CROCHET</b> (All levels)	€120
209	<b>DANCING WITH THE STARS</b> (Ballroom) <b>7:00-8:00pm</b> (8 weeks)	€70
210	<b>DANCING WITH THE STARS</b> (Latino & Salsa) <b>8:00-9:00pm</b> (8 weeks)	€70
211	<b>DRAWING FOR ANIMATION, CARTOONS &amp; COMICS</b>	€120
212	<b>FRENCH</b> (Beginners)	€120
213	<b>GOLF</b> (Beginners) <b>7:00-8:00pm</b> (6 weeks. Golf balls extra)	€120
214	<b>GOLF</b> (Improvers) <b>8:00-9:00pm</b> (6 weeks. Golf balls extra)	€120
215	<b>IRISH CONVERSATION</b> (Beginners)	€120
216	<b>PHOTOGRAPHY AND PHOTOSHOP</b>	€120
217	<b>PIANO AND KEYBOARD</b>	€120
218	<b>PORTUGUESE</b> (Beginners & Improvers)	€120
219	<b>SIGN LANGUAGE</b> (IRISH SL Teaching)	€120
220	<b>TAI-CHI</b> (Beginners) <b>6:30-7:55pm</b>	€90
221	<b>TAI-CHI</b> (Improvers) <b>8:00-9:25pm</b>	€90
222	<b>WOODTURNING</b> (Intermediate/Advanced) €25 extra for specialist timber to be used. Students will undertake 2 Projects.	€150
223	<b>HATHA YOGA</b> (Beginners) <b>7:00-8:25pm</b>	€90
224	<b>HATHA YOGA</b> (Mixed Ability) <b>8:35-10:00pm</b> (Do Yoga classes on 2 nights for only €160)	€90

**CLASS TIMES: 7.30 - 9.30 PM**  
unless otherwise stated

# WEDNESDAY

301	<b>ART: ACRYLICS/WATERCOLOURS 7:00-9:00pm</b>	€120
302	<b>BARBERING</b> (Advanced)	€130
303	<b>BOOK-KEEPING &amp; ACCOUNTS</b> (Beginners)	€120
304	<b>BOOTCAMP 7:30-8:30pm</b> (Do classes on Mon and Wed for only €120)	€70
305	<b>CREATIVE WRITING</b>	€120
306	<b>DANCE FITNESS 7:30-8:30 pm</b>	€70
307	<b>DOG GROOMING AND DOG MAINTENANCE</b>	€120
308	<b>DRAWING WITH CREATIVITY</b> (Beginner to Intern.)	€120
309	<b>EXERCISE TO ENERGISE 6:30-7:30pm</b> (Do classes on Mon and Wed for only €100)	€60
310	<b>FRENCH</b> (Improvers)	€120
311	<b>GUITAR</b> (Beginners) <b>7:30-8:30pm</b>	€70
312	<b>GUITAR</b> (Improvers) <b>8:30-9:30pm</b>	€70
313	<b>HILL WALKING AND MOUNTAIN NAVIGATION</b>	€120
314	<b>IRISH CONVERSATION</b> (Improvers)	€120
315	<b>MEDITATION &amp; MINDFULNESS</b>	€120
316	<b>PILATES</b> (Mixed Ability) <b>7:30-8:30pm</b>	€70
317	<b>SCUBA-DIVING: INTRODUCTION COURSE</b>	€120
318	<b>SMARTPHONES AND TABLETS MADE EASY</b>	€120
319	<b>SPANISH</b> (Beginners) <b>6:30-7:55pm</b>	€100
320	<b>SPANISH</b> (Improvers) <b>8:00-9:30pm</b>	€100
321	<b>TABLE TENNIS FOR ALL</b>	€120
322	<b>TOP to TOE BEAUTY</b>	€120
323	<b>WOODTURNING</b> (Beginners) €25 extra for specialist timber to be used.	€150
324	<b>YOGA</b> (Beginners & Improvers) <b>7:00-8:25 pm</b>	€90
325	<b>YOGA</b> (Beginners & Improvers) <b>8:35-10:00 pm</b> (Do Yoga classes on 2 nights for only €160)	€90

## NEW COURSES:

If you don't see a course here to interest you, or have a suggestion for a new course, please let us know.

If you are interested in tutoring a new course, we'd love to hear from you. Please email us at: [adulted@hartstowncs.ie](mailto:adulted@hartstowncs.ie)