



Trinity College Dublin  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin

## Trinity Micro-credentials

# Mental Health and Psychosocial Support (MHPSS) in Humanitarian Emergencies



Rialtas na hÉireann  
Government of Ireland



Human  
Capital  
Initiative



**Micro-credentials are short, flexible and accredited learning experiences that empower professionals to gain industry-relevant skills.**

### Is it for me?

This micro-credential will be relevant to researchers, humanitarian aid workers, volunteers, or professionals from the international development sector. It will further appeal to anyone interested in learning key skills for developing, managing, and monitoring mental health and psychosocial support programming within humanitarian emergencies.

### What does it cover?

Co-taught with the International Federation of the Red Cross, this micro-credential explores how humanitarian emergencies impact the mental health and psychosocial well-being of individuals, families, and communities. Learners will gain knowledge of the current guidelines, strategies, and interventions available to help mitigate adverse psychological responses common in the context of humanitarian emergencies.

### How is it delivered?

This micro-credential will be delivered in a hybrid format. Course content is delivered over one week of full days. Learners may attend in person or online. Given global time differences, lectures will be recorded, allowing those professionals joining from other parts of the world to follow on their own time throughout the day.

### Key Dates

Course starts: **January 2024**

Applications close date: **15th December 2023**

**How much does it cost?** €500

### Credit Value

The credit value of this micro-credential is 10 ECTS. The European Credit Transfer System is a commonly used credit system, recognised by Trinity and by awarding bodies across the EU and in some other countries.

### Learning Outcomes

On successful completion of this micro-credential, learners will be able to:

- Understand how emergencies impact individuals, families and communities' mental health and psychosocial well-being.
- Apply the Inter-Agency Standing Committee for MHPSS Guidelines to explain the key principles and approaches of MHPSS programmes in emergency settings.
- Explain the various components of an MHPSS humanitarian programme cycle.
- Explain the role of key policies, tools and manuals for MHPSS programmes in emergency settings.
- Explain different types of MHPSS interventions.
- Apply and tailor MHPSS interventions to specific population groups and contexts.
- Critically compare and contrast the uses of key tools and manuals and their application to MHPSS interventions.

### How do I Apply?

[Apply on our website.](#)

For further information, please email:

[micro-credentials@tcd.ie](mailto:micro-credentials@tcd.ie) or **book a call with us**  
at <https://bit.ly/32y79ls>