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## QQI Level 9 Certificate in Cognitive Behavioural Therapy

The programme consists of four full teaching days, plus a half day tutorial. Learners have eight months to complete their practice work, and should be working/volunteering in a supportive capacity upon application.

Learners will engage in both theoretical and practical training in CBT (considering both Ellis and Beck). The programme is highly interactive, and utilises a variety of teaching and learning methods.

**Programme/Award Title:** This programme is a Minor Award validated by QQI at level 9 on the NFQ.

**Awarding Body:** Quality & Qualifications Ireland (QQI)

**Award Type:** Minor

**Duration:** 4.5 Days

**Mode of Delivery:** Blended learning, meaning students learn via electronic and online media as well as face-to-face teaching. We utilise a rotational model of blended learning, so classes rotate between onsite and online and the specific rotation will be outlined in the timetable.

**Start Date:** Please see the website for date of next intake.

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### Overview

#### Course Structure

- The programme consists of four full teaching days, plus a half day tutorial spread out over four months. Learners have eight months to evidence completion of the workplace learning requirements of the programme, and should be working/volunteering in a supportive/helping role. Learners will engage in both theoretical and practical training in CBT (considering both Ellis/Beck). The programme is highly interactive, and utilises a variety of teaching and learning methods.

#### Assessment

- Learners are required to submit a case study where CBT has been integrated into their supportive work with clients in a workplace setting. Learners should critically evaluate CBT and their application of it to the work they are doing with clients. The use of outcome measures will inform the learners evaluation of their practice.
- Learners on this programme are required to evidence 33 hours of work based practice with clients over 8 months. A log of hours completed and a supervisor's report must be submitted at the end of the programme. Learners must complete supervision at a minimum ratio of 1:20. Supervisors contracted to do this work must be suitably qualified to supervise.





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### Information about Fees and Costs

**Annual programme fee:** €945.00

**Additional costs:** Learners are required to attend supervision. The cost of this is negotiated with the external supervisor

**Deposit:** €285.00 - On Application

**Balance:** €660.00 (following payment of the deposit, the course fees are due 2 weeks before the start date of the programme)

**Direct Debit:** Alternatively, you can sign up for a payment plan by Direct Debit

The Direct Debit scheme incurs a €50 administration fee

**Please Note:**

Bookings operate on a first paid, first secured basis so please book and pay promptly to avoid disappointment. All programmes are run subject to sufficient demand and the formation of a viable class cohort (which shall be determined in the sole discretion of IICP College). A refund of any fees paid will be given to applicants in the event that the programme does not proceed. Fees are not refundable in any other circumstances.

Receipts will be made available to you/your organisation on receipt of payment. Please note all fees are due in advance of programme commencement unless you have signed up to a payment plan.

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### Standard Entry Route:

**You must satisfy the following requirements for standard entry:**

- A Minimum of a Level 8 Degree in Counselling & Psychotherapy or a Similar Level 8 Degree in the Allied Helping/Supporting Professions (Counselling, Psychotherapy, Social Care, Social Work, Psychology, Medicine, Nursing, Teaching etc.).
- If English is your second language you are required to submit an IELTS (International English Language Testing System) cert at Level 6.5, or equivalent.



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### Requirements for the Programme

- Travel to scheduled face-to-face classes.
- For the class days that you will be required to travel, the College building is in Tallaght, Dublin 24, close to major bus routes, the LUAS, and three local hotels. Classes can also be delivered in other locations as required.
- Access to a stable internet connection with a minimum download speed of 1.5 Mbps.
- A desktop computer or laptop that is capable of using zoom.
- A webcam and microphone.
- A web browser.
- Microsoft Word.

### Requirements for Registration

In order to register, students must create an IICP eNROL account here <https://mit.enrol.ie/iicp/> on our student management system. Your student account will then need to be populated as follows:

- **PPSN** - QQI utilise the PPSN as a unique identifier on their certification system and therefore you are required to provide your PPSN in your student account. If you do not have a PPSN, please contact the admissions team.
- **Digital Photo** - You are required to upload a digital photo on your profile. This is used for your student card and for our virtual learning environment (VLE), Moodle.
- **Car Details** - If you are planning to drive to IICP College, we require that you provide your car make, model, colour and registration.
- **Next of Kin Details** - Please update the system with your next of kin details. Please note, these would only ever be used in case of emergencies.
- **Curriculum Vitae & Supporting Documentation** - You should ensure that an up-to-date CV, along with any documentation to support your application and suitability for the programme, are uploaded to your student account.

