pbbt institute

Professional Diploma in PBBT
Course Information











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Entry Requirements

Hold a degree in a discipline
in which the primary focus is to
provide psychological healthcare

Course Details



- 7 module course
- Accredited by the PBBT Institute and credit-rated by an external qualifications authority
- The course fee is €7,995
- 1 Year Standard Student Membership included with the option to upgrade to Premium Student Membership at a reduced rate

Module 1

Introduction to PBBT

Understand why PBBT is a unique and powerful psychological therapy that has the precision to help the full spectrum of clients, even the most complex.



Module 2

Self-Meaning

Reach the essence of the client's self-identity that evolved from emotional childhood experiences and construct the foundations for a new identity and new behavior.

Module 3

Self-Other Meaning

Navigate the dynamics between the client's identity and others to deconstruct co-defined relationships, including the therapeutic alliance.

Module 4

Responses

Formulate an in-depth understanding of the various modalities of the client's behavior and undermine how self-identity controls the client's life.

Module 5

Techniques

Confidently integrate the array of 15 PBBT Techniques to change the client's meaning and behavior.

Module 6

Directing the Clinical Dialog

Fluently construct a dynamical narrative to embody the PBBT clinical pathway.

Module 7

Clinical Heuristic

Combine the skills and know-how of PBBT using a framework that structures sessions with every client from start to finish.

The Clinical Pathway encapsulates the PBBT agenda, through 10 manageable and coherent Phases.





Resource Pack

The PBBT Resource Pack is an invaluable reference tool that improves the accuracy of your clinical judgements.



Student Membership Details

Features	Standard Student Membership	Premium Student Membership
Access to Client Tracking Hub	✓	✓
Newsletters	✓	✓
Advanced Content (webinars, readings and podcasts)		✓
Live Masterclasses		✓
Case Studies		✓
Supervisory Support		✓
Community Support		✓
Networking Events		✓
Discounted rates on other courses		✓
Cost	Free with Course	€475



Why choose the PBBT Institute?

- The only global training in Process-based Behavior Therapy (PBBT).
- Board Certification to practice PBBT (BC-PBBT title).
- Enhances clinical precision and client outcomes.
- Improves clinical confidence and decision-making.
- Enhances professional standing and opportunities for career advancement.
- A very practical approach to training led by the developers of PBBT.
- External validation by the PBBT Institute's Advisory Council.
- Academic Credit Rating - the course is credit rated by an external qualifications authority.

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Beyond Symptoms,
Discover Solutions

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