

# HARTSTOWN COMMUNITY SCHOOL



## 2022 COMMUNITY EDUCATION PROGRAMME



### ENROLMENT

Online From December 10th  
go to [www.hartstown-cep.com](http://www.hartstown-cep.com)

Phone From January 6th. 10am–3pm

### CLASSES COMMENCE

Week beginning Monday 14th February

## MONDAY

101	<b>ANGELS</b>	€90
102	<b>ASIAN COOKING</b> (Ingredients cost extra)	€100
103	<b>BOOTCAMP 7.30-8.30pm</b> (Take both classes on Mon and Wed for only €120).	€70
104	<b>BRIDGE FOR IMPROVERS</b>	€100
105	<b>CAKE DECORATION AND SUGAR CRAFT 7– 9pm</b> (Advanced).	€100
106	<b>CERAMICS/ POTTERY</b>	€120
107	<b>COOKING FOR MEN</b> (Ingredients cost extra)	€100
108	<b>COMPUTERS FOR BEGINNERS 7.00 – 9.00pm</b>	€100
109	<b>COMPUTERS-MS Office</b> (Interm) <b>8.00 – 9.30 pm</b>	€90
110	<b>DIY / HOME MAINTENANCE</b>	€100
111	<b>ENGLISH AS AN ALTERNATIVE LANGUAGE</b> (Beginners)	€100
112	<b>ENGLISH AS AN ALTERNATIVE LANGUAGE</b> (Improvers)	€100
113	<b>EXERCISE TO ENERGISE 6.30 – 7.30pm</b> <b>(Age 55+)</b> (Take both classes on Mon & Wed for only €100).	€60
114	<b>FLORISTRY</b>	€100
115	<b>GUITAR</b> (Improvers) <b>7.00 – 8.00pm</b>	€65
116	<b>HAIRDRESSING</b> (Beginners)	€100
117	<b>INTERIOR DESIGN</b>	€90
118	<b>OIL PAINTING 7.00 – 9.00pm</b>	€100
119	<b>PILATES</b> (Mixed Ability) <b>7.00– 8.00pm</b>	€70
120	<b>PILATES</b> (Improvers) <b>8.00– 9.00pm</b>	€70
121	<b>PORTUGUESE</b> (Beginners)	€100
122	<b>HOLISTIC THERAPIES/ REFLEXOLOGY</b>	€100
123	<b>SEWING FOR BEGINNERS 5:30 – 7:25pm</b>	€100
124	<b>SEWING &amp; CRAFTWORK 7:30-9:30pm</b>	€110
125	<b>ORNAMENTAL GLASS</b> (Stained Glass)	€120
126	<b>UKULELE</b> (Beginners) <b>7:30–8.30pm</b>	€65
127	<b>UKULELE</b> (Improvers) <b>8.30-9.30pm</b>	€65
128	<b>YOGALATES</b> (Conscious Movement) <b>8.00-9.00pm</b>	€65
129	<b>ZUMBA!!! 7.30-8.30</b> (Take both classes on Mon and Wed for only €120)	€70

## ACCREDITED COURSES

<b>SPECIAL NEEDS ASSISTANT - QQI LEVEL 5</b> (Monday nights 12 Weeks)	€350
<b>CARE OF THE OLDER PERSON - QQI LEVEL 5</b> (Monday nights 12 Weeks)	€350
<b>CHILD HEALTH AND WELLBEING - QQI LEVEL 5</b> (12 Monday nights & 2 Saturdays)	€350
<b>SPECIAL NEEDS ASSISTANT - QQI LEVEL 6</b> (Wednesday nights 10 Weeks)	€350
<b>OFFICE ADMINISTRATION - QQI LEVEL 5</b> (Wednesday nights 12 Weeks)	€350
<b>PAYROLL MANUAL &amp; COMPUTERISED - QQI LEVEL 5</b> (12 Wednesday nights & 2 Saturdays)	€350

### NEW COURSES:

If you don't see a course here to interest you, or have a suggestion for a new course, please let us know.

If you are interested in tutoring a new course, we'd love to hear from you.

Please email us at:  
[adulted@hartstowncs.ie](mailto:adulted@hartstowncs.ie)

### COMMUNITY EDUCATION DEPARTMENT

Tel. 01 8209863

E-mail: [adulted@hartstowncs.ie](mailto:adulted@hartstowncs.ie)

[www.hartstown-cep.com](http://www.hartstown-cep.com)

Secretary available 10am–3pm

## TUESDAY

201	<b>DANCING WITH THE STARS</b> (Beginners) 7:00-8:00pm	€70
202	<b>DANCING WITH THE STARS</b> (Improvers) 8.00-9.00pm	€70
203	<b>BARBERING</b> (Beginners)	€100
204	<b>BRIDGE FOR BEGINNERS</b>	€100
205	<b>CAKE DECORATION &amp; SUGAR CRAFT</b> 7.00- 9.00pm (Beginners & Intermediate)	€100
206	<b>CAR / VEHICLE MAINTENANCE</b>	€100
207	<b>CARPENTRY - A PRACTICAL APPROACH</b> (Beg.) 7.00 - 9.30pm	€120
208	<b>COMPUTERS</b> - Internet Skills 6.30-7.55pm (Subsidised course. 5 weeks)	NO FEE
209	<b>CREATIVE WRITING</b>	€100
210	<b>CROCHET</b> (All levels)	€100
211	<b>DRAWING FOR ANIMATION, CARTOONS &amp; COMICS</b>	€100
212	<b>FRENCH</b> (Beginners)	€100
213	<b>FULL BODY MASSAGE</b>	€100
214	<b>GOLF</b> (Beginners) 7.00 - 8.00pm (Golf balls extra) Classes held in Elmgreen Golf Centre.	€110
215	<b>GOLF</b> (Improvers) 8.00 - 9.00pm (Golf balls extra) Classes held in Elmgreen Golf Centre.	€110
216	<b>IRISH CONVERSATION</b> (Beginners)	€100
217	<b>LUV YOUR iPad / TABLET/ SMARTPHONE</b> 8.00 - 9:30pm	€100
218	<b>PHOTOGRAPHY AND PHOTOSHOP</b>	€100
219	<b>SIGN LANGUAGE</b> (ISL Teaching) 8.00 - 9.30pm	€90
220	<b>TAI-CHI</b> (Beginners) 6.30 - 7.55 pm	€80
221	<b>TAI-CHI</b> (Improvers) 8.00 - 9.25 pm	€80
222	<b>WOODTURNING</b> (Intermediate/Advanced) €25 extra for specialist timber to be used.	€120
223	<b>HATHA YOGA</b> (Beginners) 7.00 - 8.25pm	€80
224	<b>HATHA YOGA</b> (Mixed Ability) 8.35 - 10.00pm	€80

## WEDNESDAY

301	<b>ART WATERCOLOURS</b>	€100
302	<b>BARBERING</b> - ADVANCED	€100
303	<b>BOOK-KEEPING &amp; ACCOUNTS</b> (Beginners)	€100
304	<b>BOOTCAMP</b> 7.30 - 8.30pm (Take both classes on Mon and Wed for only €120).	€70
305	<b>DOG GROOMING AND DOG MAINTENANCE</b>	€100
306	<b>DRAWING WITH CREATIVITY</b> (Beginner to Intern.)	€100
307	<b>EXERCISE TO ENERGISE (Age 55+)</b> 5.30 - 6.30pm (Take both classes on Mon and Wed for only €100).	€60
308	<b>EXERCISE TO ENERGISE - LEVEL 2</b> 6:30 - 7:30pm	€60
309	<b>FRENCH</b> (Improvers)	€100
310	<b>GUITAR</b> (Improvers) 7.00 - 8.00pm	€65
311	<b>GUITAR</b> (Beginners) 8.00 - 9.00pm	€65
312	<b>HILL WALKING AND MOUNTAIN NAVIGATION</b>	€100
313	<b>IRISH CONVERSATION</b> (Improvers)	€100
314	<b>ITALIAN COOKERY</b> (Ingredients cost extra)	€100
315	<b>MEDITATION &amp; MINDFULNESS</b>	€100
316	<b>PIANO/KEYBOARD and MUSIC LESSONS</b>	€100
317	<b>PILATES</b> (Mixed Ability) 8.00- 9.00pm	€70
318	<b>SPANISH</b> (Beginners) 6:30-7:55pm	€90
319	<b>SPANISH</b> (Improvers) 8:00-9:30pm	€90
320	<b>TABLE TENNIS FOR ALL</b>	€100
321	<b>TOP TO TOE BEAUTY</b>	€100
322	<b>WOODTURNING</b> (Beginners) €25 extra for specialist timber to be used.	€120
323	<b>YOGA</b> - (Beginners & Improvers) 7.00 - 8.25 pm	€80
324	<b>YOGA</b> - (Beginners & Improvers) 8.35 - 10.00 pm	€80
325	<b>YOGALATES</b> (Conscious Movement) 7:00-8:00pm Ease and openness. Suitable for all levels and abilities.	€70
326	<b>ZUMBA!!!</b> 7.30 - 8.30 pm (Take both classes on Mon and Wed for only €120)	€70

ALL DAYS: CLASS TIMES 7.30 - 9.30 PM UNLESS OTHERWISE STATED