

Cabinteely Community School (Life Long Learning)



Cabinteely Community School

Adult Education Programme

Autumn 2020

Commencing September 2020

**PLEASE BOOK
EARLY
TO AVOID
DISAPPOINTMENT**

**Morning Classes
Evening Classes
QAI Courses
PLC Courses
Room Rental**

CCS



Cabinteely Community School

Johnstown Road, Cabinteely, Dublin 18

Enquiries: 01 285 7455

www.cabinteelyadulthoodeducation.ie

Email: info@cabinteelyadulthoodeducation.ie

Facebook: www.facebook.com/cabinteelyadulthoodeducation

Instagram: [cabinteelyadulthood](https://www.instagram.com/cabinteelyadulthood)



ENROLMENT

Online:	Available NOW AT www.cabinteelyadulthoodeducation.ie
Daytime Enrolment:	From 24th August, 2020. Phone 01 2857455
Payment Methods:	Credit/Debit Card We are unable to accept cash
Office Hours:	During term: 10.00am to 11.00am. Monday to Thursday - closed Friday

All 2.25 hour classes include a 15 minute tea break. Tea, coffee, hot food and snacks available on Monday, Tuesday and Wednesdays from 6.30pm

REFUND POLICY

All our courses are non-refundable, unless there are insufficient numbers for the class to form. A small number of classes do not form each term, and in such cases, students who have enrolled will be notified and can either swap to another class or be offered a full refund. There is no discount for those who cannot attend all evenings of the course.

- The minimum age for courses is 16 years
 - Students must enrol before attending classes
 - Class times/duration are subject to change
 - Classes will only form when a minimum of 8 people enrol. We will contact you only if the course is not formed.
 - It is recommended that you do not buy course material until the course is confirmed
 - Those participating in physical exercise classes may need to seek medical advice before commencing
 - Smoking is not permitted on the school premises/grounds
 - Cabinteely Adult Education cannot accept responsibility for any loss, damage or injury to persons or property whilst on the school premises/grounds
 - Please note the information contained in this brochure is as accurate as possible at the time of production
- For further information on our terms and conditions visit our website on www.cabinteelyadulthoodeducation.ie

Limited parking available, so arriving early is advisable

NEW COURSE IDEAS

If you have a course that you would like to see offered or would like to teach a course with us, please contact us at info@cabinteelyadulthoodeducation.ie

TO FIND CABINTEELY COMMUNITY SCHOOL

Using the N11: From Stillorgan

Head south on Stillorgan Road/N11. At Cabinteely Village Junction - turn left onto Johnstown Road. Turn right at next traffic lights. Destination directly ahead.

From Bray

Head north on M11 towards Exit 5. Keep left at the fork to stay on M11, follows signs for City Centre. At the roundabout, take second exit onto N11. At Cabinteely Village Junction - turn right onto Johnstown Road. Turn right at next traffic lights. Destination directly ahead.

Using the M50 Southbound

Exit Junction 16 on M50 for Cherrywood. Go straight at first lights and turn left at next traffic lights onto N11. At Cabinteely Village Junction - turn right onto Johnstown Road. Turn right at next traffic lights. Destination directly ahead.

Bus Routes: 63, 145, 155

MORNING CLASSES

MONDAY MORNING COMMENCING 14TH SEPTEMBER 2020

€5 DISCOUNT WHEN BOOKING ONLINE

HEALING YOGA **ON LINE** €85
8020 Marie Angeline Lascaux 11.00-12.30pm (10 weeks)

PILATES – ALL LEVELS **ON LINE** €90
8010 Clare Ryan 9.30 – 10.30am (12 weeks)

SPANISH – BEGINNERS **ON LINE** €85
8210 Cristina Arizaga 9.00 – 10.15am (12 weeks)

TUESDAY MORNING COMMENCING 15TH SEPTEMBER 2020

PILATES – ALL LEVELS **ON LINE** €90
8170 Clare Ryan 9.30 – 10.30am (12 weeks)

SPANISH – BEGINNERS 1 **ON LINE** €105
8040 Cristina Arizaga 9.15 – 10.45am (12 weeks)

TAI CHI **ON LINE** €115
8030 Yang Dong 9.15 – 10.45am (12 weeks)

WEDNESDAY MORNING & AFTERNOON COMMENCING 16TH SEPTEMBER 2020

BRIDGE – BEGINNERS **ON LINE** €115
8180 Ann O'Rourke 1.30 – 3.30pm (12 weeks)

BRIDGE – IMPROVERS **ON LINE** €115
8140 Ann O'Rourke 3.30 – 5.30pm (12 weeks)

FLORAL DESIGN (Flower Arranging) **CLASSROOM** €150
8190 Siobhan Harrison & Angie Byrne 11am – 1.00pm (10 weeks)
'Additional cost of €15 for materials to be paid directly to the tutor on the first night'.



For details on all our courses you can either

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THURSDAY MORNING COMMENCING 17TH SEPTEMBER 2020

FLORAL DESIGN (Flower Arranging) NEW	CLASSROOM	€150
8080 Siobhan Harrison & Angie Byrne 11am – 1.00pm (10 weeks)		
'Additional cost of €15 for materials to be paid directly to the tutor on the first night'.		
FRENCH-IMPROVERS	ON LINE	€85
8090 Catherine Mc Govern 11.00 – 12.30am (10 weeks)		
PILATES – ALL LEVELS	ON LINE	€90
8110 Clare Ryan 9.30 – 10.30am (12 weeks)		
PILATES – ALL LEVELS	ON LINE	€90
8050 Clare Ryan 10.30 – 11.30am (12 weeks)		
SPANISH – BEGINNERS 2	ON LINE	€105
8130 Cristina Arizaga 9.15 – 10.45am (12 weeks)		

SATURDAY MORNING COMMENCING 19th SEPT 2020

CHALLENGING BEHAVIOUR WORKSHOP	ON LINE	€90
8070 Denise O'Carroll 9.00am – 2.00pm (2 weeks)		
The topics will include: Understanding the causes of behavior. Developing regulation skills. De-escalation and redirection strategies. Therapeutic and restorative support.		

EVENING CLASSES**MONDAY NIGHT** COMMENCING 14TH SEPTEMBER 2020

ACCOUNTING MANUAL & COMPUTERISED – QQI LEVEL 5 (5N1348)		€225
9012 Brian O'Connor 7.00 – 9.45pm (10 weeks) ON LINE		
ART HISTORY	ON LINE	€105
1010 John O'Riordan 7.30 - 9.45pm (10 weeks)		
BALLROOM & LATIN DANCING - BEGINNERS	ON LINE	€75
1110 Kelly Smyth 7.30 – 8.30pm (10 weeks)		
BALLROOM & LATIN DANCING - IMPROVERS	ON LINE	€75
1120 Kelly Smyth 8.40 – 9.40pm (10 weeks)		
BRIDGE – BEGINNERS	ON LINE	€115
1240A Ann O'Rourke 6.45 – 8.45pm (12 weeks)		
BRIDGE - IMPROVERS	ON LINE	€85
1300 Ann O'Rourke 8.30 – 10.00pm (12 weeks)		

CAR MAINTENANCE	ON LINE	€105
1280 Henry Harris 7.30 – 9.45pm (10 weeks)		
COOKING FOR BEGINNERS	ON LINE	€110
1050 Noeleen Brady 7.30 – 9.45pm (8 weeks)		
CREATIVE WRITING - ALL LEVELS	ON LINE	€115
1030 Veronica Casey 7.30 – 9.45pm (10 weeks)		
D.I.Y.	ON LINE	€120
1070 David Groves 7.30 – 9.45pm (10 weeks)		
ECDL ESSENTIALS	ON LINE	€215
1060 Mike Lynch 7.00 – 10.00pm (12 weeks)		
GOLF - BEGINNERS	CLASSROOM	€105
1250 Billy Kinsella 7.15 – 8.15pm (10 weeks)		
ITALIAN FOR HOLIDAYS – BEGINNERS	NEW ON LINE	€125
1080 Claudia Coppo 7.30 – 9.45pm (12 weeks)		
PHOTOGRAPHY – BASIC DIGITAL PHOTOGRAPHY	ON LINE	€105
1020 Caroline D'Arcy 7.30 – 9.45pm (10 weeks)		
PILATES – ALL LEVELS	ON LINE	€90
1140 Eliza Rzepko 7.00 – 7.55pm (12 weeks)		
1150 Eliza Rzepko 8.05 – 9.00pm (12 weeks)		
POTTERY – ALL LEVELS	CLASSROOM	€135
1370 Robert Marciniak 7.30 – 9.45pm (10 weeks)		
SOSA DANCE FITNESS	ON LINE	€85
1500 Claire Thompson 6.55 – 7.55pm (12 weeks)		
SPECIAL NEEDS ASSISTING (SNA) – QQI LEVEL 5 (5N1786)	ON LINE	€225
9021 Sorcha Murray 7.00 – 9.45pm (10 weeks)		
SPECIAL NEEDS ASSISTING (SNA) – QQI LEVEL 6 (6N1957)	ON LINE	€225
9061 Denise O'Carroll 7.00 – 9.45pm (10 weeks)		
STAINED GLASS	CLASSROOM	€125
1090 Dee Jones 7.30 – 9.45pm (10 weeks)		



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TAI CHI & QI GONG – ALL LEVELS	ON LINE	€75
1170 Ming Ng 7.00 – 8.15pm (10 weeks)		
UKULELE – BEGINNERS	ON LINE	€70
1160 Pat Byrne 7.30 – 8.30pm (10 weeks)		
UKULELE – IMPROVERS	NEW ON LINE	€70
1180 Pat Byrne 8.30 – 9.30pm (10 weeks)		
WATERCOLOURS - BEGINNERS / IMPROVERS	CLASSROOM	€120
1040 Joyce Duffy 7.30 – 9.45pm (10 weeks)		
YOGA – JAPANESE YOGA - ALL LEVELS	ON LINE	€100
1200 Juliet McLaughlin 7.00-8.25pm (12 weeks)		
1210 Juliet McLaughlin 8.35-10.00pm (12 weeks)		
ZUMBA - ALL LEVELS	ON LINE	€85
1230 Mirva Walsh 8.00 - 9.00pm (12 weeks)		
TUESDAY NIGHT COMMENCING 15TH SEPTEMBER 2020		
ALEXANDER TECHNIQUE – INTRODUCTORY	ON LINE	€95
2000 Masoumeh Melrose 7.30 - 9.45pm (6 weeks)		
ASIAN COOKING	ON LINE	€110
2030 Colette Walker 7.15 – 9.30pm (8 weeks) .		
CHESS - BEGINNERS	NEW ON LINE	€115
2250 Seamus Duffy 7.30 - 9.45pm (12 weeks)		
COMPUTERS – BEGINNERS	ON LINE	€105
2050 7.00 – 8.25pm (10 weeks)		
COMPUTERS - IMPROVERS	ON LINE	€105
2060 8.35 – 10.00pm (10 weeks)		
CREATING A SUCCESSFUL BLOG-BEGINNERS	ON LINE	€110
2020 Vicky Kavanagh 7.30 - 9.45pm (10 weeks)		
D.I.Y.	ON LINE	€120
2240 David Groves 7.30 - 9.45pm (10 weeks)		
EARLY CHILDHOOD CARE & EDUCATION PRACTICE	ON LINE	€225
– QQI LEVEL 5 (5N1770) 9023 7.00 – 9.45pm (10 weeks)		
GUITAR - BEGINNERS	ON LINE	€65
2100 Adam Hogan 7.30 – 8.30pm (10 weeks)		
GUITAR - IMPROVERS	ON LINE	€65
2110 Stephen Kelly 8.30 – 9.30pm (10 weeks)		

HUMAN RESOURCES MANAGEMENT - QQI LEVEL 6 (6N3750)	€225
9064 Brian O'Connor 7.00 – 9.45pm (10 weeks) ON LINE	
IRISH – CONVERSATION ON LINE	€115
2190 7.30 – 9.45pm (10 weeks)	
ITALIAN FOR HOLIDAYS - IMPROVERS NEW ON LINE	€125
2260 Claudia Coppo 7.30 – 9.45pm (12 weeks)	
KNITTING FOR BEGINNERS ON LINE	€125
2130 Elizabeth Dodd 7.00 – 9.15pm (12 weeks)	
OIL PAINTING – BEGINNERS/IMPROVERS CLASSROOM	€120
2230 Brian O'Farrell 7.30 – 9.45pm (10 weeks)	
PHOTOGRAPHY – IMPROVERS DIGITAL PHOTOGRAPHY NEW ON LINE	€105
2040 Caroline D'Arcy 7.30 – 9.45pm (10 weeks)	
PILATES – ALL LEVELS ON LINE	€90
2220 Ruth Sharkey 8.00-9.00pm (12 weeks)	
SIMPLY DRAWING CLASSROOM	€120
2280 Caroline O'Farrell 7.30 – 9.45pm (10 weeks)	
SING YOUR HEART OUT! GROUP SINGING CLASSROOM	€125
2200 Esosa Ighodaro 7.30 – 9.45pm (12 weeks)	
SPANISH – BEGINNERS ON LINE	€105
2070 Leticia Medina Andres 6.45-8.15pm (12 weeks)	
SPANISH – BASIC CONVERSATION FOR BEGINNERS ON LINE	€105
2120 Leticia Medina Andres 8.15-9.45pm (12 weeks)	
SPECIAL NEEDS ASSISTING (SNA) – QQI LEVEL 6 (6N1957) ON LINE	€225
9062 Denise O'Carroll 7.00 – 9.45pm (10 weeks)	
TAI CHI - ALL LEVELS NEW ON LINE	€115
2170 Yang Dong 7.30 – 9.00pm (12 weeks)	
TRANSFORM YOUR HOME ON LINE	€105
2090 Danielle Dooris 7.30 – 9.45pm (10 weeks)	



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WEDNESDAY NIGHT COMMENCING 16TH SEPTEMBER 2020

BALLROOM AND LATIN DANCING – BEGINNERS	ON LINE	€75
3080A Kelly Smyth 8.15 - 9.15pm (10 weeks)		
BODY FIT - STRONG	ON LINE	€85
3150 Mirva Walsh 8.00 – 9.00pm (12 weeks)		
COUNTRY JIVE & LINE DANCING – BEGINNERS	ON LINE	€100
3000 Laura Nolan 8.30 - 10.00pm (10 weeks)		
COUNTRY JIVE & LINE DANCING – IMPROVERS	ON LINE	€100
3060 Laura Nolan 7.00 - 8.30pm (10 weeks)		
DIGITAL MARKETING QQI LEVEL 5 (5N1364) NEW	ON LINE	€225
9014 Vicky Kavanagh 7.00 – 9.45pm (10 weeks)		
FLORAL DESIGN (Flower Arranging)	CLASSROOM	€150
3280 Siobhan Harrison & Angie Byrne 7.30 - 9.30pm (10 weeks)		
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FRENCH - BEGINNERS	ON LINE	€85
3310A Catherine Mc Govern 7.00 - 8.25pm (10 weeks)		
FRENCH - INTERMEDIATE	ON LINE	€85
3320 Catherine Mc Govern 8.35 - 10.00pm (10 weeks)		
GOLF- BEGINNERS	CLASSROOM	€105
3250 Billy Kinsella 7.15 - 8.15pm (10 weeks)		
MARINE ENGINE MAINTENANCE	ON LINE	€105
3270 Henry Harris 7.30 – 9.45pm (10 weeks)		
MINDFULNESS & WELLBEING COURSE	ON LINE	€105
3100 Veronica Coughlan 7.00 – 8.30pm (10 weeks)		
OIL PAINTING – BEGINNERS / IMPROVERS	CLASSROOM	€120
3140 Brian O'Farrell 7.30 – 9.45pm (10 weeks)		
PILATES – ALL LEVELS	ON LINE	€90
3430 Clare Ryan 7.05 – 8.00pm (12 weeks)		
PILATES – ALL LEVELS	ON LINE	€90
3130 Clare Ryan 8.00 - 9.00pm (12 weeks)		

POTTERY	CLASSROOM		€145
3070 Valerie Coombes 7.15 - 9.45pm (10 weeks) Commencing 23rd Sept			
SAFETY & HEALTH AT WORK	QQI LEVEL 5 (5N1794)	NEW ON LINE	€225
9011 7.00 – 9.45pm (10 weeks)			
SIMPLY DRAWING	CLASSROOM		€120
3020 Caroline O'Farrell 7.30 - 9.45pm (10 weeks)			
SPANISH – BEGINNERS	ON LINE		€105
3360 Leticia Medina Andres 8.15 – 9.45pm (12 weeks)			
SPANISH – BEGINNERS 2	ON LINE		€105
3120 Leticia Medina Andres 6.45 – 8.15pm (12 weeks)			
SPANISH – INTERMEDIATE	ON LINE		€115
3370 Isabel Morales-Duffy 7.30 – 9.45pm (10 weeks)			
SPECIAL NEEDS ASSISTING (SNA) – QQI LEVEL 5 (5N1786)	ON LINE		€225
9022 Denise O'Carroll 7.00 – 9.45pm (10 weeks)			
SUGARCRAFT	ON LINE		€100
3010 Sarah Fleming 7.30 – 9.45pm (10 weeks)			
SWEET HOME BAKING	ON LINE		€110
3050 Sharon Burrell 7.30 – 9.45pm (8 weeks)			
TAI CHI & QI GONG - ALL LEVELS	ON LINE		€75
3440 Ming Ng 7.00 – 8.15pm (10 weeks)			
WATERCOLOURS - IMPROVERS	CLASSROOM		€140
3030 Katrin O'Shea 7.30 – 9.45pm (12 weeks)			
WEB DESIGN WITH WORDPRESS	ON LINE		€120
3290 Owen Forsyth 7.30 – 9.45pm (12 weeks)			
YOGA – ALL LEVELS	ON LINE		€100
3170 Gillian Morrissey 7.00 - 8.25pm (12 weeks)			
YOGA - JAPANESE YOGA - ALL LEVELS	ON LINE		€100
3180 Juliet McLaughlin 7.30 - 9.00pm (12 weeks)			

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QQI COURSES



QQI AWARD

An information session is available but not compulsory from 6.40 pm on the evening the course commences. Please provide your PPS number. Where work experience is required, we recommend that students obtain work experience before the course commences. In addition students should apply for Garda Vetting to the institution they are undertaking their work experience. Students do not need Garda Vetting when doing work experience through their own job.

CHILDCARE COURSES

9023 QQI LEVEL 5 (MINOR AWARD) ON LINE
EARLY CHILDHOOD CARE & EDUCATION PRACTICE 5N1770 €225

Tuesday Evenings 7.00 – 9.45pm (10 weeks)
commencing Tuesday 15th September, 2020

The purpose of this award is to equip the learner with the knowledge, skill and competence in Early Childhood Care and Education Practice to enable the learner to work under direction with children, their families and colleagues within early childhood care and education settings.

QQI LEVEL 5 (MINOR AWARD)
SNA - SPECIAL NEEDS ASSISTING 5N1786 ON LINE €225

9021 Monday Evenings 7.00 – 9.45pm (10 weeks)
commencing Monday 14th September, 2020. Sorcha Murray

9022 Wednesday Evenings 7.00 – 9.45pm (10 weeks)
commencing Wednesday 16th September, 2020. Denise O'Carroll

The purpose of this award is to equip the learner with the knowledge, skill and competence in the practices and principles underpinning the role of a Special Needs Assistant to enable the learner to work effectively under direction in a special needs assisting capacity.

QQI LEVEL 6 (MINOR AWARD)
SNA - SPECIAL NEEDS ASSISTING 6N1957 ON LINE €225

9061 Monday Evenings 7.00 – 9.45pm (10 weeks)
commencing Monday 14th September, 2020. Denise O'Carroll

9062 Tuesday Evenings 7.00 – 9.45pm (10 weeks)
commencing Tuesday 15th September, 2020. Denise O'Carroll

This course is designed for learners who wish to progress from a QQI Level 5 to a QQI Level 6 qualification. The purpose of this award is to equip the learner with the knowledge, skill and competence in the theory and practice underpinning the education and care of those who present with special educational needs to enable the learner to assist in the provision of this education and care.

BUSINESS COURSES

9012 QQI LEVEL 5 (MINOR AWARD) **ON LINE**
ACCOUNTING MANUAL & COMPUTERISED (5N1348) **€225**
Monday Evenings 7.00 – 9.45pm (10 weeks)
commencing Monday 14th September, 2020 Brian O'Connor

This Level 5 Course is designed to help the student to understand the principles and practice of maintaining financial records manually and using integrated accounting software. It is designed for those with a basic knowledge of computers and an interest in accounting. It is designed to support the learner in being able to carry out a range of accounting procedures, to include forecasts, budgets, producing accounts, reports, and calculations.

9014 QQI LEVEL 5 (MINOR AWARD) **ON LINE** **€225**
DIGITAL MARKETING (5N1364)
Wednesday Evenings 7.00 – 9.45pm (10 weeks)
commencing 16th September, 2020 Vicky Kavanagh

The purpose of this award is to equip the learner with the knowledge, skill and competence to develop and execute digital marketing strategies and activities, under supervision, using a range of e-tools within a range of digital marketing contexts.

9064 QQI LEVEL 6 (MINOR AWARD) **ON LINE** **€225**
HUMAN RESOURCES MANAGEMENT (6N3750)
Tuesday Evenings 7.00 – 9.45pm (10 weeks)
commencing Tuesday 15th September, 2020 Brian O'Connor

The purpose of this award is to equip the learner with the knowledge, skill and competence in human resource management principles to enable the learner to apply these to the planning, organising, implementation, evaluation and revision of human resource management practices for the attainment of organisational goals.

9011 QQI LEVEL 5 (MINOR AWARD) **ON LINE** **€225**
SAFETY & HEALTH AT WORK (5N1794)
Wednesday Evenings 7.00 – 9.45pm (10 weeks)
commencing Wednesday 16th September, 2020

The purpose of this award is to equip the learner with the knowledge, skill and competence to promote and maintain safety and health in a work environment.

Please visit our website on

www.cabinteelyadulthoodeducation.ie
for full details on our QQI Certificate courses.



Cabinteely Community School



POST LEAVING CERT COURSES SEPTEMBER 2020

Cabinteely Institute of Further Education is located on the grounds of Cabinteely Community School. We are delighted to introduce two full-time PLC courses for September 2020

<p>Business Management</p> <p> QQI Level 5</p> <p>One year</p> <p>Full Time</p>	<p>Early Childhood Care + Education practice</p> <p> QQI Level 5</p> <p>One year</p> <p>Full Time</p>
<p>MODULES INCLUDED ARE:</p> <ul style="list-style-type: none"> • Business Admin • Marketing • Entrepreneurial skills • Work Experience • Communications • Start your own Business • Word Processing • Spreadsheets 	<p>MODULES INCLUDED ARE:</p> <ul style="list-style-type: none"> • Child development • Child health & well-being • Special Needs Assisting • Work Experience • Communications • Start your own Business • Early Care & Education Practice • Early Childhood Education & Play

For further information or for an Application Form please email cife@cabinteelycs.ie or call **01 2857455**

QQI graduates are eligible to apply to Universities and Institutes of Technology for follow on courses using the qualifications obtained from the above courses

BACK TO EDUCATION GRANTS, MAINTENANCE GRANTS & SOLAS FUNDING AVAILABLE FOR THOSE WHO ARE ELIGIBLE

RENTAL

We have a wide range of excellent facilities available for rental by individuals or groups.



For further information contact us on 01 2857455

Sports Hall: Dimensions: 31m x 18m, Balcony: 18m x 9m.

Large Hall with Stage: Dimensions: 22m x 11m.

Large Meeting Room: Dimensions: 14m x 12m.

Meeting Room: Dimensions: 14m x 7m.

Classroom: Dimensions: 8m x 6m.

BOOGIE BOUNCE XTREME: TUESDAY 6.30pm & 7.30pm, THURSDAY 7.30pm
Contact: Emma 083 8184900 email: bbx@unifyfitness.com

JUDO: TUESDAY and THURSDAY: 5.00-6.00pm SPECIAL NEEDS; 6.00-7.30pm JUNIORS (under 13); 7.30 – 9.00pm ADULTS (over 13). Contact: Frederick 086 0449126

SLIMMING WORLD: THURSDAY 5.30pm & 7.30 pm. Contact: Michele 086 8109951

TAE KWON DO: SATURDAY 10.00am & 11.00am. Contact: Eoin O'Connor 086 8547797