

# Cabinteely Community School (Life Long Learning)



## Cabinteely Community School

Adult Education Programme

### Spring 2020

Commencing January 2020

**PLEASE BOOK  
EARLY  
TO AVOID  
DISAPPOINTMENT**

**Morning Classes  
Evening Classes  
QAI Courses  
PLC Courses  
Room Rental**

### CCS



### Cabinteely Community School

Johnstown Road, Cabinteely, Dublin 18

**Enquiries: 01 285 7455**

**[www.cabinteelyadulthoodeducation.ie](http://www.cabinteelyadulthoodeducation.ie)**

Email: [info@cabinteelyadulthoodeducation.ie](mailto:info@cabinteelyadulthoodeducation.ie)

Facebook: [www.facebook.com/cabinteelyadulthoodeducation](http://www.facebook.com/cabinteelyadulthoodeducation)

Instagram: [cabinteelyadulthood](https://www.instagram.com/cabinteelyadulthood)



# ENROLMENT

<b>Online:</b>	Available from 18th November, 2019 <a href="http://www.cabinteelyadulthoodeducation.ie">www.cabinteelyadulthoodeducation.ie</a>
<b>Daytime Enrolment:</b>	From 6th January, 2020. Phone 01 2857455
<b>Payment Methods:</b>	Credit/Debit Card   We are unable to accept cash
<b>Office Hours:</b>	6th January to 1st February, 2020: 9.30am to 4.30pm, Monday to Friday During term: 10.00am to 11.00am. Monday to Thursday (closed Friday)

All 2.25 hour classes include a 15 minute tea break. Tea, coffee, hot food and snacks available on Monday, Tuesday and Wednesdays from 6.30pm

## REFUND POLICY

All our courses are non-refundable, unless there are insufficient numbers for the class to form. A small number of classes do not form each term, and in such cases, students who have enrolled will be notified and can either swap to another class or be offered a full refund. There is no discount for those who cannot attend all evenings of the course.

- The minimum age for courses is 16 years
  - Students must enrol before attending classes
  - Class times/duration are subject to change
  - Classes will only form when a minimum of 8 people enrol. We will contact you only if the course is not formed.
  - It is recommended that you do not buy course material until the course is confirmed
  - Those participating in physical exercise classes may need to seek medical advice before commencing
  - Smoking is not permitted on the school premises/grounds
  - Cabinteely Adult Education cannot accept responsibility for any loss, damage or injury to persons or property whilst on the school premises/grounds
  - Please note the information contained in this brochure is as accurate as possible at the time of production
- For further information on our terms and conditions visit our website on [www.cabinteelyadulthoodeducation.ie](http://www.cabinteelyadulthoodeducation.ie)

**Limited parking available, so arriving early is advisable**

## NEW COURSE IDEAS

If you have a course that you would like to see offered or would like to teach a course with us, please contact us at [info@cabinteelyadulthoodeducation.ie](mailto:info@cabinteelyadulthoodeducation.ie)

## TO FIND CABINTEELY COMMUNITY SCHOOL

### Using the N11: From Stillorgan

Head south on Stillorgan Road/N11. At Cabinteely Village Junction - turn left onto Johnstown Road. Turn right at next traffic lights. Destination directly ahead.

### From Bray

Head north on M11 towards Exit 5. Keep left at the fork to stay on M11, follows signs for City Centre. At the roundabout, take second exit onto N11. At Cabinteely Village Junction - turn right onto Johnstown Road. Turn right at next traffic lights. Destination directly ahead.

### Using the M50 Southbound

Exit Junction 16 on M50 for Cherrywood. Go straight at first lights and turn left at next traffic lights onto N11. At Cabinteely Village Junction - turn right onto Johnstown Road. Turn right at next traffic lights. Destination directly ahead.

**Bus Routes:** 63, 145, 155

# MORNING CLASSES

## MONDAY MORNING COMMENCING 20TH JANUARY 2020

<b>BODY FIT - CIRCUIT</b>	€95
8050 Mirva Walsh 9.30 - 10.30am (12 weeks)	€5 DISCOUNT PER CLASS ONLINE
<b>HEALING YOGA</b>	€75
8020 Marie Angeline Lascaux 9.30– 10.45am (10 weeks)	
<b>PASSIONATE ABOUT ME (PAM) NEW</b>	€85
8200 Anni Kilgallon 9.30 – 10.45am (10 weeks)	
<b>PILATES – ALL LEVELS</b>	€100
8010 Clare Ryan 9.30 – 10.30am (12 weeks)	
<b>RUNNING - LEARN TO RUN IN 8 WEEKS</b>	€105
8150 Clare Ryan 10.30 – 11.30am. Twice weekly - Monday & Thursday Mornings (8 weeks)	
<b>SPANISH – BEGINNERS NEW</b>	€95
8210 Cristina Arizaga 9.00 – 10.15am (12 weeks)	

## TUESDAY MORNING COMMENCING 21ST JANUARY 2020

<b>PILATES – ALL LEVELS NEW</b>	€100
8170 Clare Ryan 9.30 – 10.30am (12 weeks)	
<b>SPANISH – BEGINNERS 1</b>	€115
8040 Cristina Arizaga 9.15 – 10.45am (12 weeks)	
<b>TAI CHI NEW</b>	€125
8030 Yang Dong 9.15 – 10.45am (12 weeks)	
<b>YOGA FOR THE OVER-50s/ACTIVE RETIRED</b>	€110
8120 Frankie Heany 9.15 – 10.45am (12 weeks)	

## WEDNESDAY MORNING & AFTERNOON COMMENCING 22ND JANUARY 2020

<b>BRIDGE – BEGINNERS TERM 2</b>	€125
8180 Ann O'Rourke 1.30 – 3.30pm (12 weeks)	
<b>BRIDGE – IMPROVERS</b>	€125
8140 Ann O'Rourke 3.30 – 5.30pm (12 weeks)	
<b>CREATIVE WRITING - ALL LEVELS NEW</b>	€90
8220 Veronica Casey 9.15 – 10.45am (10 weeks)	
<b>FLORAL DESIGN (Flower Arranging)</b>	€145
8190 Siobhan Harrison & Angie Byrne 11.15am – 1.15pm (10 weeks)	



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**MEDITATION COURSE – ALL LEVELS NEW €80**

8160 Veronica Coughlan 9.45 – 10.45am (10 weeks)

**YOGA – ALL LEVELS NEW €110**

8100 Gillian Morrissey 9.15 – 10.45am (12 weeks)

**ZUMBA - ALL LEVELS NEW €95**

8080 Mirva Walsh 9.30 – 10.30am (12 weeks)

**THURSDAY MORNING COMMENCING 23RD JANUARY 2020****PILATES – ALL LEVELS €100**

8110 Clare Ryan 9.30 – 10.30am (12 weeks)

**RUNNING - LEARN TO RUN IN 8 WEEKS (commencing 20th January 2020) €105**

8150 Clare Ryan 10.30 – 11.30am. Twice weekly - Monday &amp; Thursday Mornings (8 weeks)

**SPANISH – BEGINNERS 2 €115**

8130 Cristina Arizaga 9.15 – 10.45am (12 weeks)

**TAI CHI €105**

8060 Rita Kelly 9.30 – 10.45am (12 weeks)

**YOGA FOR MEN NEW €110**

8000 9.15 – 10.45am (12 weeks)

**SATURDAY MORNING COMMENCING 1ST FEBRUARY 2020****CHALLENGING BEHAVIOUR WORKSHOP €100**

8070 Denise O'Carroll 9.00am – 2.00pm (2 weeks)

The topics will include: Understanding the causes of behavior. Developing regulation skills. De-escalation and redirection strategies. Therapeutic and restorative support.

**EVENING CLASSES****MONDAY NIGHT COMMENCING 20TH JANUARY 2020****ACCOUNTING MANUAL & COMPUTERISED – QQI LEVEL 5 (5N1348) €245**

9012 7.00 – 9.45pm (10 weeks)

**ART HISTORY €115**

1010 John O'Riordan 7.30 - 9.45pm (10 weeks)

**BALLROOM & LATIN DANCING - BEGINNERS (commencing 27th January 2020) €85**

1110 Eithne Monahan 7.30 – 8.30pm (10 weeks)

**BALLROOM & LATIN DANCING - IMPROVERS (commencing 27th January 2020) €85**

1120 Eithne Monahan 8.40 – 9.40pm (10 weeks)

**BRIDGE – BEGINNERS - TERM 2 €125**

1240 Ann O'Rourke 6.45 – 8.45pm (12 weeks)

**BRIDGE - IMPROVERS €95**

1300 Ann O'Rourke 8.30 – 10.00pm (12 weeks)

<b>CAR MAINTENANCE</b>	€115
1280 Henry Harris 7.30 – 9.45pm (10 weeks)	
<b>COOKING FOR BEGINNERS</b>	€120
1050 Noeleen Brady 7.30 – 9.45pm (8 weeks) Ingredients not included	
<b>CREATIVE WRITING - ALL LEVELS</b>	€125
1030 Veronica Casey 7.30 – 9.45pm (10 weeks)	
<b>D.I.Y.</b>	€130
1070 David Groves 7.30 – 9.45pm (10 weeks)	
<b>ECDL ESSENTIALS</b>	€235
1060 Mike Lynch 7.00 – 10.00pm (12 weeks)	
<b>GOLF - BEGINNERS</b>	€105
1250 Billy Kinsella 7.15 – 8.15pm (10 weeks)	
<b>ITALIAN FOR HOLIDAYS – BEGINNERS NEW</b>	€135
1080 Claudia Coppo 7.30 – 9.45pm (12 weeks)	
<b>METALWORK / METALCRAFT – BEGINNERS/IMPROVERS</b>	€145
1340 John Mahony 7.30 – 9.45pm (10 weeks)	
<b>PILATES – ALL LEVELS</b>	€100
1140 Eliza Rzepko 7.00 – 7.55pm (12 weeks)	
1150 Eliza Rzepko 8.05 – 9.00pm (12 weeks)	
<b>POTTERY – ALL LEVELS</b>	€135
1370 Robert Marciniak 7.30 – 9.45pm (10 weeks)	
<b>SING YOUR HEART OUT! GROUP SINGING NEW</b>	€125
1020 Esosa Ighodaro 7.30 – 9.45pm (12 weeks)	
<b>SOSA DANCE (Solo Salsa)</b>	€95
1500 Claire Thompson 6.55 – 7.55pm (12 weeks)	
<b>SPANISH – BEGINNERS 2</b>	€135
1310 Leticia Medina Andres 7.30 – 9.45pm (12 weeks)	
<b>SPECIAL NEEDS ASSISTING (SNA) – QQI LEVEL 5 (5N1786)</b>	€245
9021 Sorcha Murray 7.00 – 9.45pm (10 weeks)	
<b>SPECIAL NEEDS ASSISTING (SNA) – QQI LEVEL 6 (6N1957)</b>	€245
9061 Denise O'Carroll 7.00 – 9.45pm (10 weeks)	
<b>STAINED GLASS</b> (commencing 27th January 2020)	€150
1090 Dee Jones 7.30 – 9.45pm (12 weeks)	



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<b>TAI CHI &amp; QI GONG – ALL LEVELS</b>	<b>€85</b>
1170 Ming Ng 7.00 – 8.15pm (10 weeks)	
<b>UKULELE – BEGINNERS</b>	<b>€75</b>
1160 Pat Byrne 7.30 – 8.30pm (10 weeks)	
<b>UKULELE – IMPROVERS <b>NEW</b></b>	<b>€75</b>
1180 Pat Byrne 8.30 – 9.30pm (10 weeks)	
<b>WATERCOLOURS - BEGINNERS / IMPROVERS</b>	<b>€120</b>
1040 7.30 – 9.45pm (10 weeks)	
<b>WOOD CARVING</b>	<b>€175</b>
1100 Billy Egginton 7.30 – 9.45pm (10 weeks)	
<b>YOGA – JAPANESE YOGA - ALL LEVELS</b>	<b>€110</b>
1200 Juliet McLaughlin 7.00-8.25pm (12 weeks)	
1210 Juliet McLaughlin 8.35-10.00pm (12 weeks)	
<b>YOGA FOR THE OVER-50s/ACTIVE RETIRED</b>	<b>€110</b>
1220 Frankie Heany 7.00 - 8.25pm (12 weeks)	
<b>ZUMBA - ALL LEVELS</b>	<b>€95</b>
1230 Mirva Walsh 8.00 - 9.00pm (12 weeks)	
<b>TUESDAY NIGHT COMMENCING 21ST JANUARY 2020</b>	
<b>ALEXANDER TECHNIQUE – INTRODUCTORY</b>	<b>€90</b>
2000 Masoumeh Melrose 7.30 - 9.45pm (6 weeks)	
<b>ASIAN COOKING</b>	<b>€120</b>
2030 Colette Walker 7.15 – 9.30pm (8 weeks)	
Ingredients will be provided at an extra cost of approx. €45.	
<b>CHESS - BEGINNERS <b>NEW</b></b>	<b>€125</b>
2250 Seamus Duffy 7.30 - 9.45pm (12 weeks)	
<b>COMPUTERS – BEGINNERS</b>	<b>€115</b>
2050 Carol Whelan 7.00 – 8.25pm (10 weeks)	
<b>COMPUTERS - IMPROVERS</b>	<b>€115</b>
2060 Carol Whelan 8.35 – 10.00pm (10 weeks)	
<b>D.I.Y.</b>	<b>€130</b>
2240 David Groves 7.30 - 9.45pm (10 weeks)	
<b>EARLY CHILDHOOD CARE &amp; EDUCATION PRACTICE</b>	<b>€245</b>
– <b>QI LEVEL 5 (5N1770) <b>NEW</b></b> 9023 7.00 – 9.45pm (10 weeks)	
<b>FLORAL DESIGN (Flower Arranging)</b>	<b>€145</b>
2010 Siobhan Harrison & Angie Byrne 7.30 - 9.30pm (10 weeks)	
<b>GUITAR - BEGINNERS</b>	<b>€70</b>
2100 Adam Hogan 7.30 – 8.30pm (10 weeks)	
<b>GUITAR - IMPROVERS</b>	<b>€70</b>
2110 8.30 – 9.30pm (10 weeks)	

<b>HUMAN RESOURCES MANAGEMENT - QQI LEVEL 6 (6N3750) NEW</b>	<b>€245</b>
9064 7.00 – 9.45pm (10 weeks)	
<b>IRISH – CONVERSATION</b>	<b>€125</b>
2190 7.30 – 9.45pm (10 weeks)	
<b>ITALIAN FOR HOLIDAYS - IMPROVERS NEW</b>	<b>€135</b>
2260 Claudia Coppo 7.30 – 9.45pm (12 weeks)	
<b>JEWELLERY MAKING - BASICS</b>	<b>€150</b>
2140 Stacey Kemp 7.30 – 9.45pm (12 weeks). Additional cost of €85.00 to cover cost of project kits to be paid directly to the tutor on the first night.	
<b>KNITTING FOR BEGINNERS NEW</b>	<b>€95</b>
2130 Elizabeth Dodd 7.00 – 9.15pm (8 weeks)	
<b>OIL PAINTING – BEGINNERS/IMPROVERS</b>	<b>€120</b>
2230 Brian O’Farrell 7.30 – 9.45pm (10 weeks)	
<b>PASSIONATE ABOUT ME (PAM)</b>	<b>€105</b>
2120 Anni Kilgallon 7.30 – 9.45pm (8 weeks)	
<b>PHOTOGRAPHY – BASIC DIGITAL PHOTOGRAPHY</b>	<b>€115</b>
2040 Caroline D’Arcy 7.30 – 9.45pm (10 weeks)	
<b>PILATES – ALL LEVELS</b>	<b>€100</b>
2210 Ruth Sharkey 7.00 -7.55pm (12 weeks)	
2220 Ruth Sharkey 8.05-9.00pm (12 weeks)	
<b>POSITIVE PARENTING NEW</b>	<b>€90</b>
2290 Aoife Lee 7.30 – 9.45pm (6 weeks)	
<b>SIGN LANGUAGE NEW</b>	<b>€115</b>
2150 7.30 – 9.45pm (10 weeks)	
<b>SIMPLY DRAWING</b>	<b>€120</b>
2280 Caroline O’Farrell 7.30 – 9.45pm (10 weeks)	
<b>SING YOUR HEART OUT! GROUP SINGING</b>	<b>€125</b>
2200 Esosa Ighodaro 7.30 – 9.45pm (12 weeks)	
<b>SPECIAL NEEDS ASSISTING (SNA) – QQI LEVEL 5 (5N1786)</b>	<b>€245</b>
9022 Denise O’Carroll 7.00 – 9.45pm (10 weeks)	
<b>TAI CHI - ALL LEVELS NEW</b>	<b>€125</b>
2170 Yang Dong 7.30 – 9.00pm (12 weeks)	
<b>TRANSFORM YOUR HOME</b>	<b>€115</b>
2090 Danielle Dooris 7.30 – 9.45pm (10 weeks)	



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<b>YOGA FOR MEN NEW</b>	<b>€110</b>
2070 7.00 – 8.30pm (12 weeks)	
<b>YOGA FOR THE OVER-50s/ACTIVE RETIRED NEW</b>	<b>€110</b>
2180 Frankie Heany 7.00 - 8.25pm (12 weeks)	
<b>WEDNESDAY NIGHT COMMENCING 22ND JANUARY 2020</b>	
<b>BALLROOM AND LATIN DANCING – BEGINNERS</b> (commencing 29th January 2020)	<b>€85</b>
3080 Eithne Monahan 7.30 - 8.30pm (10 weeks)	
<b>BALLROOM AND LATIN DANCING – IMPROVERS</b> (commencing 29th January 2020)	<b>€85</b>
3090 Eithne Monahan 8.40 – 9.40pm (10 weeks)	
<b>BODY FIT - STRONG</b>	<b>€95</b>
3150 Mirva Walsh 8.00 – 9.00pm (12 weeks)	
<b>COUNTRY JIVE &amp; LINE DANCING – BEGINNERS</b>	<b>€110</b>
3000 Laura Nolan 8.30 - 10.00pm (10 weeks)	
<b>COUNTRY JIVE &amp; LINE DANCING – IMPROVERS NEW</b>	<b>€110</b>
3060 Laura Nolan 7.00 - 8.30pm (10 weeks)	
<b>DIGITAL MARKETING QQI LEVEL 5 (5N1364) NEW</b>	<b>€245</b>
9014 7.00 – 9.45pm (10 weeks)	
<b>FLORAL DESIGN (Flower Arranging)</b>	<b>€145</b>
3280 Siobhan Harrison & Angie Byrne 7.30 - 9.30pm (10 weeks)	
<b>FRENCH - BEGINNERS 2</b>	<b>€95</b>
3310 Catherine Mc Govern 7.00 - 8.25pm (10 weeks)	
<b>FRENCH - INTERMEDIATE</b>	<b>€95</b>
3320 Catherine Mc Govern 8.35 - 10.00pm (10 weeks)	
<b>FURNITURE RESTORATION - ALL LEVELS</b>	<b>€195</b>
3160 Maurice Molloy 6.45 – 10.00pm (10 weeks)	
<b>GOLF- BEGINNERS</b>	<b>€105</b>
3250 Billy Kinsella 7.15 - 8.15pm (10 weeks)	
<b>MARINE ENGINE MAINTENANCE</b>	<b>€115</b>
3270 Henry Harris 7.30 – 9.45pm (10 weeks)	
<b>MINDFULNESS &amp; WELLBEING COURSE</b>	<b>€115</b>
3100 Veronica Coughlan 7.00 – 8.30pm (10 weeks)	
<b>OIL PAINTING – BEGINNERS / IMPROVERS</b>	<b>€120</b>
3140 Brian O'Farrell 7.30 – 9.45pm (10 weeks)	
<b>PILATES – ALL LEVELS</b>	<b>€100</b>
3430 Clare Ryan 7.05 – 8.00pm (12 weeks)	
<b>PILATES – ALL LEVELS</b>	<b>€100</b>
3130 Deirdre Doyle 8.00 - 9.00pm (12 weeks)	



<b>POTTERY</b>	€145
3070 Valerie Coombes 7.15 - 9.45pm (10 weeks)	
<b>SAFETY &amp; HEALTH AT WORK QQI LEVEL 5 (5N1794) NEW</b>	€245
9011 7.00 – 9.45pm (10 weeks)	
<b>SIMPLY DRAWING</b>	€120
3020 Caroline O'Farrell 7.30 - 9.45pm (10 weeks)	
<b>SPANISH – BEGINNERS</b>	€135
3360 Leticia Medina Andres 7.30 – 9.45pm (12 weeks)	
<b>SPANISH – INTERMEDIATE</b>	€125
3370 Isabel Morales-Duffy 7.30 – 9.45pm (10 weeks)	
<b>SPECIAL NEEDS ASSISTING (SNA) – QQI LEVEL 6 (6N1957)</b>	€245
9062 Denise O'Carroll 7.00 – 9.45pm (10 weeks)	
<b>SUGARCRAFT NEW</b>	€110
3010 Sarah Fleming 7.30 – 9.45pm (10 weeks) Ingredients not included	
<b>SWEET HOME BAKING</b>	€120
3050 Sharon Burrell 7.30 – 9.45pm (8 weeks) Ingredients not included.	
<b>TAI CHI &amp; QI GONG - ALL LEVELS</b>	€85
3440 Ming Ng 7.00 – 8.15pm (10 weeks)	
<b>WATERCOLOURS - IMPROVERS</b>	€140
3030 Katrin O'Shea 7.30 – 9.45pm (12 weeks)	
<b>WEB DESIGN WITH WORDPRESS</b>	€130
3290 Owen Forsyth 7.30 – 9.45pm (12 weeks)	
<b>WOODWORK/WOODCRAFT</b>	€145
3110 Ciaran Claffey 7.30 – 9.45pm (10 weeks)	
<b>YOGA – ALL LEVELS</b>	€110
3170 Gillian Morrissey 7.00 - 8.25pm (12 weeks)	
<b>YOGA - JAPANESE YOGA - ALL LEVELS</b>	€110
3180 Juliet McLaughlin 7.30 - 9.00pm (12 weeks)	
<b>YOGA – SPORTS YOGA NEW</b>	€110
3040 7.30 – 9.00pm (12 weeks)	
<b>THURSDAY NIGHT COMMENCING 23RD JANUARY, 2020</b>	
<b>WOODWORK/WOODCRAFT</b>	€145
4010 Richard Lannin 7.00 – 9.00pm (10 weeks)	



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# QQI COURSES



QQI AWARD

*There will be a brief information session at 6.30pm prior to the commencement of your QQI course. Please bring your PPS number. Where work experience is required, we recommend that students obtain work experience before the course commences. In addition, students should apply for Garda Vetting to the institution where they are undertaking their work experience. Students do not need Garda Vetting when doing work experience through their own job*

## CHILDCARE COURSES

### 9023 QQI LEVEL 5

**EARLY CHILDHOOD CARE & EDUCATION PRACTICE 5N1770**

**€245**

**Tuesday Evenings 7.00 – 9.45pm (10 weeks)  
commencing Tuesday 21st January, 2020**

The purpose of this award is to equip the learner with the knowledge, skill and competence in Early Childhood Care and Education Practice to enable the learner to work under direction with children, their families and colleagues within early childhood care and education settings.

### QQI LEVEL 5

**SNA - SPECIAL NEEDS ASSISTING 5N1786**

**€245**

**9021 Monday Evenings 7.00 – 9.45pm (10 weeks)  
commencing Monday 20th January, 2020. Sorcha Murray**

**9022 Tuesday Evenings 7.00 – 9.45pm (10 weeks)  
commencing Tuesday 21st January, 2020. Denise O'Carroll**

The purpose of this award is to equip the learner with the knowledge, skill and competence in the practices and principles underpinning the role of a Special Needs Assistant to enable the learner to work effectively under direction in a special needs assisting capacity.

### QQI LEVEL 6

**SNA - SPECIAL NEEDS ASSISTING 6N1957**

**€245**

**9061 Monday Evenings 7.00 – 9.45pm (10 weeks)  
commencing Monday 20th January, 2020. Denise O'Carroll**

**9062 Wednesday Evenings 7.00 – 9.45pm (10 weeks)  
commencing Wednesday 22nd January, 2020. Denise O'Carroll**

This course is designed for learners who wish to progress from a QQI Level 5 to a QQI Level 6 qualification. The purpose of this award is to equip the learner with the knowledge, skill and competence in the theory and practice underpinning the education and care of those who present with special educational needs to enable the learner to assist in the provision of this education and care.

## **BUSINESS COURSES**

### **9012 QQI LEVEL 5**

#### **ACCOUNTING MANUAL & COMPUTERISED (5N1348)**

**€245**

**Monday Evenings 7.00 – 9.45pm (10 weeks)  
commencing Monday 20th January, 2020**

This Level 5 Course is designed to help the student to understand the principles and practice of maintaining financial records manually and using integrated accounting software. It is designed for those with a basic knowledge of computers and an interest in accounting. It is designed to support the learner in being able to carry out a range of accounting procedures, to include forecasts, budgets, producing accounts, reports, and calculations.

### **9014 QQI LEVEL 5**

#### **DIGITAL MARKETING (5N1364)**

**€245**

**Wednesday Evenings 7.00 – 9.45pm (10 weeks)  
commencing 22nd January, 2020**

The purpose of this award is to equip the learner with the knowledge, skill and competence to develop and execute digital marketing strategies and activities, under supervision, using a range of e-tools within a range of digital marketing contexts.

### **9064 QQI LEVEL 6**

#### **HUMAN RESOURCES MANAGEMENT (6N3750)**

**€245**

**Tuesday Evenings 7.00 – 9.45pm (10 weeks)  
commencing Tuesday 21st January, 2020**

The purpose of this award is to equip the learner with the knowledge, skill and competence in human resource management principles to enable the learner to apply these to the planning, organising, implementation, evaluation and revision of human resource management practices for the attainment of organisational goals.

### **9011 QQI LEVEL 5**

#### **SAFETY & HEALTH AT WORK (5N1794)**

**€245**

**Wednesday Evenings 7.00 – 9.45pm (10 weeks)  
commencing Wednesday 22nd January, 2020**

The purpose of this award is to equip the learner with the knowledge, skill and competence to promote and maintain safety and health in a work environment.

**Please visit our website on**

**[www.cabinteelyadulthoodeducation.ie](http://www.cabinteelyadulthoodeducation.ie)**  
**for full details on our QQI Certificate courses.**

# PLC

## Post Leaving Certificate Courses QQI - Level 5

### Business Management (5M2102) - 1 year

**Full-time commencing September 2020  
(Monday, Tuesday, Wednesday & Thursday: 8.45am – 1.00pm)**

This course includes a range of Business modules including Digital Marketing, Enterprise, Word Processing and E-commerce. There is an increasing demand for qualified workers who are proficient in a wide range of business skills. Our students complete work experience placements in the business area and gain valuable experience, leaving them ready for either employment or progression into third level. Throughout the year, students experience being involved in Entrepreneurial Activity and benefit from external speakers and industry specialists.

**MORE TO FOLLOW. PLEASE REFER TO OUR WEBSITE FOR  
UPDATES ON OUR PLC COURSES**

**[www.cabinteelyadulthoodeducation.ie](http://www.cabinteelyadulthoodeducation.ie)**

## RENTAL

**We have a wide range of excellent facilities  
available for rental by individuals or groups.  
For further information contact us on 01 2857455**



**Sports Hall:** Dimensions: 31m x 18m, Balcony: 18m x 9m.

**Large Hall with Stage:** Dimensions: 22m x 11m.

**Large Meeting Room:** Dimensions: 14m x 12m.

**Meeting Room:** Dimensions: 14m x 7m.

**Classroom:** Dimensions: 8m x 6m.



**BOOGIE BOUNCE XTREME: TUESDAY and THURSDAY 7.00 - 8.00pm**

Contact: Emma 083 8184900 email:bbx@unifyfitness.com

**JUDO: TUESDAY and THURSDAY: 5.00-6.00pm SPECIAL NEEDS; 6.00-7.30pm  
JUNIORS (under 13); 7.30 – 9.00pm ADULTS (over 13). Contact: Frederick 086 0449126**

**SLIMMING WORLD: THURSDAY 5.30pm & 7.30 pm. Contact: Michele 087 6102127**

**TAE KWON DO: SATURDAY 10.00am & 11.00am. Contact: Eoin O'Connor 086 8547797**