Coláiste Breisoideachais Chill Easra Killester College of Further Education



Evening Classes January 2023

OPEN EVENING January 2023 Tuesday 10th 6pm-7pm

Check us out on Facebook

All classes will operate in accordance with public health and safety guidelines and class days, times and fees are subject to change. Further updates will be available at www.killestercollege.ie

Evening Classes

Commencing Tuesday 17th January 2023

Tuesday Evenings (onsite, for 10 weeks)

Local History 8.00-10.00pm

"People, places and times past: An introduction to local history research." An introduction to all the sources for local history which includes research methods & organising your research; primary and secondary sources and where to find them; how family, local and national histories relate; appraising sources and writing up your findings. Topics include records relating to land, placenames and folklore, buildings, architecture and archaeology.

Family History 6.00-8.00pm

Discover exciting ways to trace your family history while also completing practical work, going through actual copies of records themselves and working on the computers to experience the research online. (Previous experience of using a computer is not a requirement).

Zumba

6.30-7.30pm and 7.30-8.30pm

Zumba combines Latin rhythms and easy to follow steps to give a fitness program that will get you in great shape!

Guitar (2 Beginner Classes) 6.30-7.30pm and 7.30-8.30pm

Topics include simple chords, one octave scales, strumming patterns, melodies, riffs, songs with simple chord progressions and an introduction to more complex chords.

Film and Literature 8.40-9.40pm

An interesting look at themes shared in a diverse range of books and film. The course will include movie clips and discussions around extracts from books.

Creative Writing 7-8.30pm

This class allows students to learn from an experienced writer while also serving as a forum for sharing and discussion of tips and ideas.



10 weeks €100

10 weeks | €75

10 weeks | €90

10 weeks | €90

10 weeks €100

10 weeks €100

Payment can be made here: www.killestercollege.ie

Stained Glass

4.00-6.00pm, 6.00-8.00pm, 8.00-10.00pm

Create your own Stained Glass panel/art. Learn the skills of patterns, glass selection, cutting, foiling and soldering. Students will complete at least one colourful stained glass piece. (This course is also suited to continuing students.)

Flower Arranging

7.30-9.30pm

Learn to create beautiful and amazing floral arrangements using fresh flowers and foliage.

Yoga 7.00-8.00pm

Hatha Yoga focuses on the practice and perfection of asanas (postures) and breathing control: each movement is deeply connected with the breath and this action bring us towards a state of physical and mental health. This 60 minutes class is open to everyone and aims to practice together to disconnect from the frenzy of the daily routine and find a special inner place to take care of ourselves. You are invited to bring comfortable clothes and your yoga mat, also some extra layers for the savasana (final relaxation).

Dog Care and Basic Training for your Dog 4.00-6.00pm and 6.00-8.00pm

Do you want to know more about your dog? Get tips on how to groom your pet and keep your animal in tip top condition? Learn about proper nutrition and how to do basic obedience Sit, Stay, Down, Crate training and lots more.

Ukulele 8.45-9.45pm

Learn chords, strumming patters and popular songs in this friendly and fun ukulele course.

Pilates

6.30-7.30pm and 7.30-8.30pm

Build strength, flexibility and endurance while concentrating on core muscles to promote a supple and graceful body. Students are required to bring their own Pilates mat.

Email: rosaleen.aherne@kmcfe.cdetb.ie

Please note that the course costs contained within this leaflet may be subject to additional VAT charges. Further details can be provided on application.

10 weeks | €100

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10 weeks €100

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to continuing students.) 10 weeks | €100

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, Killester College

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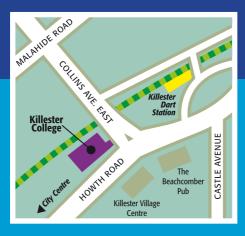


Killester College of Further Education

tb.ie

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Fax (01) 833 0348	
Email rosaleen.aherne@kmcfe.c	de

www.killestercollege.ie



Car Parking & Canteen Facilities Available

Killester College is located in the North-East of Dublin city some three miles from the city centre. It is well served by public transport.

- BUSES Howth Road: 28, 29, 29A, 31, 31B, 32 32B Malahide Road: 20B, 27, 27B 42A, 42B, 43 Collins Avenue: 103
- DART Killester Station

CDETB CITY OF DUBLIN EDUCATION AND TRAINING BOARD

All enrolments are subject to the Rules and Regulations of the City of Dublin Education and Training Board and the Killester College of Further Education Admissions Policy, a copy of which is available from the Principal. No refund of fees can be made except where a course does not form.