

GENERAL INFORMATION

ENROLMENT ON - LINE : ANYTIME @ www.clanesm.com

BY TELEPHONE 045 868255 using Visa, MasterCard or Laser card FROM Monday 14th March 2011 9.30am - 4.30pm.

POSTAL ENROLMENT - You can use the Postal Enrolment Form included, complete and return it with the full fee by cheque to Scoil Mhuire Adult Education, Clane, Naas, Co. Kildare. **Postal Enrolment saves queueing!**

ENROLMENT will also take place in Scoil Mhuire, Clane on WEDNESDAY EVENING 6th APRIL 2011 7.30pm - 9.30pm. MORNINGS, 9.30am - 1.00pm

FEES must be paid in full on Enrolment.

FEES are non-refundable except where a course is not held due to poor enrolment. All cheques should be crossed and made payable to Scoil Mhuire Adult Education Account.

FEE reductions may apply.

FORMATION OF COURSES will depend upon sufficient enrolments for the course; **we will only contact you if your course is not formed.**

Unless otherwise stated, courses are of five weeks duration.

Over 270 **car parking spaces** available on school grounds. Cars are parked at owners' risk. Car Park closes at 10.15pm.

COURSE CLOSURE: No course may be formed where the number of students enrolled does not warrant it. The Director reserves the right to close a course and refund fees or to alter times & dates of a course if deemed necessary.

Participants must be at least **16 years of age** in order to participate in Adult Education Courses.

All course participants attend at their own risk. Neither the Minister for Education nor the Board of Management and their officers accept liability for damage or injury to persons or property, while present in the school or its precincts.

SMOKING is prohibited by law in any part of the school building or school grounds.

PLEASE book early to avoid disappointment.

CLASS MATERIALS: Where necessary a charge will be made for class materials.

NEW COURSES: If you feel you would be suitably qualified to give a particular course we would be glad to hear from you.

GIFT VOUCHERS can be purchased in the Office during Office hours.

LIGHT REFRESHMENTS available.

CAREER GUIDANCE: Information Counselling Service, Georges Street, Newbridge. Tel: 045-448512

FETAC REQUIREMENT

Scoil Mhuire Community School is registered with FETAC to offer programmes leading to FETAC Awards in the National Framework of Qualifications & adheres to the Equal Status Act 2000.

POSTAL ENROLMENT FORM

Note: Booking accepted with payment only
(Cheque / Postal Order / Bank Draft)

Name:

Address:

Mob Tel:Email:.....

Course No. Course Title:

Fee Enclosed: €.....

I accept the conditions of enrolment as stated in the brochure.

Signed:

Postal Enrolment saves queueing!

SUMMER TERM 2011

ADULT EDUCATION

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Scoil Mhuire Community School Clane

Serving the Community

Why not treat yourself to a useful night out and get value for your money. The range of courses we are now offering will enable you to further your education, improve your skills, learn a new hobby, and at the same time have an enjoyable social evening.

Remember the Community School is for the Community - Why not make use of it?

Ní bua go firinne

EVENING & DAYTIME CLASSES

All Courses will run for five weeks unless otherwise stated

Easter Break Mon 18th April - Mon 2nd May (inclusive)

FOR FURTHER INFORMATION

Tel: 045 - 868255 Fax: 045 - 868788

Email: claneadult@gmail.com Website: www.clanesm.com

To enrol on line log on to: www.clanesm.com

No extra cost for Laser Card

ENROLMENT

BY TELEPHONE

(045) 868255

9.30am-4.30pm (Daily)

Also EVENING (In person)

WEDNESDAY 6th April 2011

7.30pm - 9.30pm

And MORNINGS (In person)

9.30am-1.00 pm

COURSES BEGIN

Monday 11th April 2011

Tuesday 12th April 2011

Wednesday 13th April 2011

Thursday 14th April 2011

Friday 15th April 2011

THANK YOU to the Shops, Banks, Companies and Businesses who allow us display our Brochures and promote our Adult Education Programme.
Seamus Scully, Director of Adult Education

COMPUTERS

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Participants of Computer and Business Courses may be required to purchase a memory stick.

ECDL (continuation)

(European Computer Driving Licence)

ECDL Accredited Centre

FETAC LEVEL 5 EQUIVALENT COMPONENT

Course No. 1031 ECDL Automated Testing Centre

Sessions: 5 **Thursday** 7.00pm – 10.00pm

Fee: €500 (€250 per term)

Course No. 1003 COMPUTERS for over 55's (Not Absolute beginners)

Sessions: 5 **Wednesday** 4.15pm-5.45pm Fee: €45

Why not read the newspapers using the Internet.

Course No. 1004 COMPUTERS for over 55's (Absolute Beginners)

Sessions: 5 **Tuesday** 4.15pm-5.45pm Fee: €45

Course No. 1005 COMPUTERS Beginners

Sessions: 5 **Monday** 7.00pm-8.30pm Fee: €50

Create simple posters & flyers, type letters, agendas, memos, set up an email address & send/receive email, using Internet to book flights & search for information, file management.

Course No. 1008 COMPUTERS Improvers

Sessions: 5 **Monday** 8.30pm-10.00pm Fee: €50

Mail Merge with MS Word, Tables, Excel Spreadsheets, Powerpoint Presentation & Slide-Show, File Management.

Course No. 1002 WEB PAGE DESIGN Dreamweaver

Sessions: 5 **Wednesday** 8.00pm-10.00pm Fee: €80

Discover how easy and exciting it can be building your very own web page. Suitable for those with some computer experience.

Course No. 1010 AUTOCAD

Sessions: 5 **Wednesday** 7.00pm-10.00pm Fee: €75

This course is designed for people working in industry i.e. Engineering, Architecture or Design; Apprentices in many of the trades; Students who are in or hope to follow a Third Level College Course. A student who successfully completes this course will have the ability to set up and use AutoCAD software for the production of a wide variety of Drawings.

Course No. 1016 DIGITAL PHOTOGRAPHY PART 1

Sessions: 5 **Thursday** 8.30pm-10.00pm Fee: €60

For beginners using any digital camera. Learn to use the functions on your camera, how to download your photos to your computer. Learn how to produce better photographs.

Course No. 1017 DIGITAL PHOTOGRAPHY PART 2

Sessions: 5 **Thursday** 7.00pm-8.30pm Fee: €60

Get your images onto the computer and learn how to enhance them using basic Photoshop techniques. Produce top quality prints. Prepare your images for quality printing at home or in a Photo Lab.

Course No. 1015 SOLID WORKS IMPROVERS

(PARAMETRIC CAD)

Sessions: 5 **Tuesday** 6.00pm – 8.00pm Fee: €95

3 D Modelling package, suitable for people in Engineering and Architecture or related fields. An introduction to Solid Works taking two dimensional objects and modelling them in 3 D. This package covers the fundamentals of sketching working drawings and assembly drawings. (Max. 16 students).

BUSINESS

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 3034 DEVELOP A NEW PRODUCT IDEA

Sessions: 5 **Monday** 8.00pm – 10.00pm Fee: €55

Do you have a new idea for a world beating product but don't know what to do next. We will teach you how to- Identify, Research, Protect and Market your idea and much more....

Course No. 3031 GROW YOUR OWN BUSINESS

Sessions: 5 **Monday** 8.00pm – 10.00pm Fee: €55

Start ups, Banking, Stocking & Business Loans, Contracts. Day to day Running of your business. Cash flow projections, Sales Targets & Sales pipe lines. Grow your client base, month by month. Sales & Marketing on a tight Budget. Grants, Law, Web Sales, Contracts of Employment, Company registration & Tax/Vat Returns.

Course No. 3032 eBUSINESS

Sessions: 5 **Monday** 8.00pm – 10.00pm Fee: €55

To provide an understanding of the components, technologies, tools, business applications, opportunities and impact of eBusiness. The course covers planning and the business advantages of eBusiness and explains terms such as SEO, SEM, HTML etc.

Course No. 3033 WORK FOR YOURSELF

Sessions: 5 **Monday** 8.00pm – 10.00pm Fee: €55

Being your own boss is a real alternative. Learn what you could do, make your own plan with expert help and ask as many questions as you wish on this highly practical and relaxed course on starting your own small business.

LANGUAGES

Course No. 4001 SPANISH Beginners

Sessions: 5 **Thursday** 8.00pm-10.00pm Fee: €55

An introduction to Spanish language and culture in a relaxed atmosphere, covering everyday situations, with emphasis on pronunciation and oral practice.

Course No. 4002 SPANISH Improvers

Sessions: 5 **Wednesday** 8.00pm-10.00pm Fee: €55

For those who have taken a Basic Course in Spanish.

Course No. 4009 FRENCH Beginners

Sessions: 5 **Thursday** 8.00pm-10.00pm Fee: €55

This course is suitable for beginners. Prepare for your holiday in France, move on to Conversational French next term.

Course No. 4010 ITALIAN Beginners

Sessions: 5 **Tuesday** 8.00pm-10.00pm Fee: €55

Enjoy learning Italian, discovering something new about Italy and her people.

Course No. 4011 ITALIAN Improvers

Sessions: 5 **Thursday** 7.30pm-9.30pm Fee: €55

Course No. 4012 GERMAN

Sessions: 5 **Thursday** 8.00pm -10.00pm Fee: €55

Learn a new language and dip into the customs of German speaking countries.

Course No. 4003 CONVERSATIONAL IRISH

Sessions: 5 **Monday** 7.30pm-9.30pm Fee: €50

Expand on your 'Cúpla Focal' in a relaxed and friendly environment.

Course No. 4004 CONVERSATIONAL IRISH Improvers

Sessions: 5 **Monday** 8.00pm-10.00pm Fee: €50

Course No. 4013 SIGN LANGUAGE Beginners

Sessions: 5 **Wednesday** 7.30pm – 9.30pm Fee: €50

This Course is suitable for beginners learning Irish Sign Language (ISL).

LEAVING CERT. SUBJECTS

All students must have completed Form E10 for State Examinations Commission in order to sit Leaving Certificate Examination in June 2011

Course No. 2002 LEAVING CERT MATHS

Sessions: 5 Wednesday 8.00pm-10.00pm Fee €75

Course No. 2003 LEAVING CERT BIOLOGY (Honours)

Sessions: 5 Thursday 7.30pm-9.30pm Fee €75

Course No. 2004 LEAVING CERT IRISH (Honours)

Sessions: 5 Tuesday 8.00pm-10.00pm Fee €75

Course No. 2019 LEAVING CERT ACCOUNTING (HONS)

Sessions: 5 Tuesday 7.30pm-9.30pm Fee €75

Course No. 2007 LEARNING SKILLS

Mon, Tues, Wed, Thurs, Fri 4.00pm-6.00pm

HEALTH & FITNESS

Course No. 5011 INTRODUCTION TO NLP

Sessions: 5 Wednesday 8.00pm-10.00pm Fee: €75

Neuro Linguistic Programming—Make LONG LASTING changes in your life. Learn how to get your mind and body synchronised and working in harmony together. This will enable you to make the changes necessary to take the STRUGGLE out of decision-making. Once and for all, you can learn to end the internal conflict that disables you on a regular basis. Develop skills necessary to build your own mind machine. Change destructive beliefs to doubts and replace them with valuable beliefs. You can dissolve your problems and begin to focus on your future possibilities.

Course No. 5023 PRACTICAL FIRST AID

Sessions: 4 Thursday 7.00pm-10.00pm Fee: €80

Practical First Aid is a 12 hour course certified by the Red Cross which covers Accident Scene Management, Bleeding, Respiratory Problems, CPR, Unconsciousness, Fractures & soft tissue injuries, Burns & Scalds and Medical Emergencies. The course is very much based on practical work rather than theory and is taught with the use of workbooks which chart the participant's skills. (Workbook and Certificate €11 extra).

Course No. 5026 LINE DANCING - Improvers

Sessions: 5 Thursday 9pm-10pm Fee: €40

Course No. 5085 BURLESQUE (for Ladies)

Sessions: 5 Thursday 8.00pm - 9.00pm Fee: €45

Fun, exciting & effective workout to boost your self-esteem. (Props supplied.)

Course No. 5034 AEROBICS n' Tone FOR OVER 55'S

Sessions: 5 Tuesday 8.30pm-9.30pm Fee: €40

Course No. 5014 REIKI

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €70

Reiki alleviates stress, promotes healing on a physical, mental and emotional level. In this course you will be attuned to the frequency of this energy and your chakras or major energy centres are opened to facilitate the flow and enable you channel this energy into yourself and others.

Course No. 5006 ADULT HIP HOP

Sessions: 5 Tuesday 9.00pm - 10.00pm Fee: €40

Basic style of American Hip Hop.

Course No. 5001 SALSA DANCING

Sessions: 5 Monday 8.30pm - 9.30pm Fee: €40

HEALTH & FITNESS (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 5003 BALLROOM & LATIN AMERICAN DANCING

Sessions: 5 Monday 7.30pm- 8.30pm Fee: €40

Beginners - Salsa, Swing, Samba, Jive, Waltz & Cha Cha.

Course No. 5091 BALLET

Sessions: 5 Monday 6.30pm - 7.30pm Fee: €40

Basic steps and simple dances, a fun way to tone and exercise.

Course No. 5037 DANCE & MOVEMENT

Sessions: 5 Tuesday 7.30pm - 8.30pm Fee: €40

Introductory course to Dance and Movement by Miranda Linden incorporating all styles, Waltz, Jive, Rumba, Samba, Cha Cha, Salsa, Hop Hop. A fun and fantastic way to get fit.

Course No. 5025 LINE DANCING - Beginners

Sessions: 5 Thursday 8.00pm-9.00pm Fee: €40

A fun way to keep fit and learn great routines. A great social night out.

Course No. 5002 BELLY DANCING (for Ladies)

Sessions: 5 Thursday 9.00pm - 10.00pm Fee: €40

How to move in mysterious ways. The Art of authentic Eastern Dance. A fun way to lose weight and stay in good shape.

Course No. 5035 AEROBICS n' Tone

Sessions: 5 Monday 8.30pm-9.30pm Fee: €40

Raise the heart-rate, enjoy an aerobic work-out which burn those troublesome calories and helps tone from head to toe. Followed by a variety of body resistance exercises to give the body definition. Incorporates various fitness levels. Cool down as your body's heart-rate returns to normal. (Qualified Instructor), (Bring mat & bottle of water).

Course No. 5010 CIRCUIT TRAINING 50/50 COMBO

Sessions: 5 Tuesday 7.30pm-8.30pm Fee: €40

Enjoyable exercise class covering all aspects and suitable for all levels of fitness in men and women. Excellent way to burn off those calories combining toning and cardio.

Course No. 5040 YOGA

Sessions: 5 Wednesday 8.30pm-10.00pm Fee: €40

How to combat stress & tension through deep-breathing, exercises, relaxation & meditation. Please bring your own mat or rug.

Course No. 5038 YOGA Improvers

Sessions: 5 Tuesday 7.00pm-8.30pm Fee: €40

Course No. 5042 YOGA

Sessions: 5 Thursday 8.30pm-10.00pm Fee: €40

Course No. 5043 CALLANETICS

Sessions: 5 Thursday 8.00pm-9.00pm Fee: €40

Floor exercises, fitness, tummy and thigh routines, resulting in inch loss and body toning. (Bring a towel and bottle of water)

Course No. 5045 PILATES

Sessions: 5 Thursday 7.00pm- 8.00pm Fee: €50

Invigorates the mind, develops core muscle strength, relieves stress and back pain, improves balance and co-ordination. Will leave you looking toned and revitalised. (Limited number in class). (Bring a mat and bottle of water).

Course No. 5046 PILATES FOLLOW—ON

Sessions: 5 Thursday 9.00pm - 10.00pm Fee: €50

Course No. 5047 PILATES

Sessions: 5 Wednesday 8.00pm-9.00pm Fee: €50

Course No. 5048 PILATES

Sessions: 5 Thursday 8.00pm-9.00pm Fee: €50

Course No. 5049 PILATES

Sessions: 5 Wednesday 7.00pm - 8.00pm Fee: €50

HEALTH & FITNESS (Continued)

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Course No. 5095 **IVENGAR YOGA**

Sessions: 5 Thursday 7pm-8.30pm Fee: €40

Iyengar Yoga teaches awareness in movement (meditation), emphasising correct alignment in a pose and attention to detail using body-mind intelligence. Benefits include Release of Physical, Mental and Emotional tension and stress.

Course No. 5102 **KICKBOXING (for ladies)**

Sessions: 5 Thursday 7.30pm-8.30pm Fee: €40

A complete work-out for ladies.

Course No. 5008 **TAI CHI Introduction**

Sessions: 5 Wednesday 7.30pm- 9.00pm Fee: €40

Tai Chi translates as "10,000 things" or "everything in the universe". Originally derived from Martial Arts, the slow graceful movements in places reflect the natural movements of the animals and birds, as symbols or "pictures", designed to focus the mind and breathing through a complex series of executions. Although it retains its fighting applications, it is practised for improving one's health, concentration and mind / body co-ordination. Tai Chi facilitates a wakeful relaxation and shows one how to constantly have a reserve of mind & body energy available.

Course No. 5033 **ANGEL HEALING AND THERAPY**

Sessions: 5 Wednesday 8.00pm - 10.00pm Fee: €55

Learn how to invoke, communicate and heal with angels and archangels.

Course No. 5020 **INTRODUCTION TO NAILS**

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

Enjoy the art of Nail Technology. This course will demonstrate Manicure, French Polish, Gel Overlays, White Tips, Acrylic Extensions and Nail Art using coloured paints, diamonds and simple designs.

Course No. 5032 **BEAUTY THERAPY**

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

Cleansing, deep cleansing, facial treatments, make-up applications, fake tan applications, eye brow trim, eye lash tinting, waxing, manicures & pedicures, stress massage.

Course No. 5017 **INTRODUCTION TO MASSAGE/ REFLEXOLOGY**

Sessions: 5 Wednesday 8.00pm-10.00pm Fee: €55

If you are interested in massage/reflexology, this course will give you an insight into how it can be used in the home and on a professional basis.

Course No. 5027 **MAKE UP ARTIST - Introduction**

Sessions: 5 Monday 7.30pm - 9.30pm Fee: €55

Topics covered may include, skin types and conditions, mini facials, choosing correct foundation, colour corrective products, concealing blemishes, contouring/highlighting, shading & blushers. Day & evening make up and make up for the mature woman. (Cost of materials extra).

HOBBIES & LEISURE

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 6114 **THE WRITING GARAGE**

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

Bring along your unfinished novel, short story or non-fiction book and articles and see how you can start writing again. Get them finished this time. This course will help you get started once more with professional, constructive and practical advice in a relaxed and enjoyable atmosphere.

Course No. 6006 **CROCHET/CROSS-STICH/KNITTING**

Sessions: 5 Tuesday 7.30pm-9.30pm Fee: €60

Like to learn how to crochet, knit or do cross stitch? Treat your loved ones or yourself to a special handmade gift? Ever crochet anything but wool? Learn how to make your own handbag. You can also make a cross-stitch wall hanging, card or a cushion cover. Knitting from beginners to experienced.

Course No. 6056 **DIET & NUTRITION**

Sessions: 5 Monday 7.30pm-9.30pm Fee: €55

Principles of good nutrition; during pregnancy and breast-feeding; dietary needs of children; cooking for the older adult; dietary management of chronic diseases; food for sport; preventing nutritional deficiencies when following a vegetarian diet; a healthy diet on a budget.

Course No. 6009 **SCULPTURE/INTRODUCTION**

Sessions: 5 Monday 7.30pm-9.30pm Fee: €75

How to make an alginate mould, a plaster cast from the alginate mould. Create a sculpture by carving an aerated concrete block, an armature for a sculpture and a clay sculpture using the armature created at the workshop. Students will also learn about sculpting tools, techniques and materials.

Course No. 6141 **HABITATS & WILDLIFE OF IRELAND**

Sessions: 5 Monday 7.00pm-9.00pm Fee: €55

This introductory course will explore for participants a sample of the wide variety of habitats found in Ireland and in brief the flora and fauna within each habitat. The workshop will also identify sites of interest for participants, which they can visit in their own time aiming to encourage participants to get out and get in touch with nature. Workshops will include the themes peatlands and wetlands, uplands and mountains, woodlands, hedgerows, farms and grasslands, coastal habitats, towns, gardens and parks, rivers and lakes and limestone landscape.

Course No. 6001 **MEDITATION / SELF AWARENESS**

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

Self discovery, using various powerful meditation technique.

Course No 6068 **SOUND ENGINEERING INTRODUCTION**

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

Learn about live sound and studio production techniques: Live sound setups; Microphone choice and positioning for studio; Microphone positioning for live sound; Tuning PA systems; Professional Studio setup; Basic acoustics and live sound acoustics; Recording and mixing techniques. This is an introductory class.

Course No. 6024 **GOLF for Beginners/Improvers**

Sessions: 5 Thursday 7.30pm-9.30pm Fee: €60

Suitable for beginners and refreshers. Some classes will be held in Kerdiffstown Driving Range, Sallins.

Course No. 6115 **SELF-PUBLISH YOUR OWN BOOK**

Sessions: 5 Wednesday 8.00pm-10.00pm Fee: €55

Tired of having your manuscript rejected by publishers? Why not publish it yourself? This course will take you through the process of self publishing, including what type of publishing would be suitable for your book, Pre-publication tasks (Registering a publishing company, acquiring an ISBN, etc), layout, design and pricing, where to get the best printing deals, book marketing and sales and distribution. By the end of this course you will be ready to turn your manuscript into a published book.

HOBBIES & LEISURE (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 6051 JOYS OF COOKING

Sessions: 5 Wednesday 7.30pm-9.30pm Fee: €55

A practical class to learn to cook with confidence. Entertain with ease from pasta dishes, stir fries, Sunday lunch, desserts etc. (Cost of materials extra.)

Course No. 6052 JOYS OF COOKING

Sessions: 5 Thursday 7.30pm-9.30pm Fee: €55

(Cost of materials extra.)

Course No. 6053 HEALTHY COOKING FOR A HEALTHY LIFE

Sessions: 5 Thursday 7.30pm-9.30pm Fee: €55

Cook healthy alternatives for yourself and your family, using organic and locally produced ingredients. Recipes include super soups, spectacular sauces, beautiful beef dishes and mouth watering vegetarian dishes.

Course No. 6054 TASTES FROM AROUND THE WORLD

Sessions: 5 Tuesday 7.30pm-9.30pm Fee: €55

Introductory course showcasing authentic dishes from around the world. Ingredients used are easily sourced and the recipes are simple to follow. Includes tastes from China, Italy, Switzerland, India and Spain. (Cost of materials extra.)

Course No. 6055 CAKE ICING AND DECORATING

Sessions: 5 Wednesday 7.30pm-9.30pm Fee: €55

As we enter the Wedding Season, learn how to ice and decorate that special cake! Learn the skills of icing and decorating wedding, birthday or other special occasion cakes. (Cost of materials extra.)

Course No. 6050 CAKE DECORATING- SUGARCRAFT

Sessions: 5 Monday 7.30pm 9.30pm Fee: €55

Learn how to make those sugarcraft flowers, leaves and sprays for wedding, anniversary or special occasion cakes. (Cost of materials extra.)

Course No. 6048 PIPING SKILLS FOR CAKE DECORATING

Sessions: 5 Tuesday 7.30pm -9.30pm Fee: €70

Using royal icing and Buttercream learn decorative piping, piped flowers using nozzles and nails, runouts, brush embroidery and writing skills. Nozzles required, cost of materials extra.

Course No. 6100 BAKING & DESSERTS

Sessions: 5 Monday 7.30pm -9.30pm Fee: €55

Learn how to bake the classics plus new modern desserts. Great tips throughout, from mousses to fresh fruit tarts. (Cost of materials extra.)

Course No. 6116 INDIAN COOKING

Sessions: 5 Monday 8.00pm -10.00pm Fee: €55

Have you tried Chicken Tikka Masala . Are you fascinated by Indian Food ? Well, here is a course for you which is Simple, Versatile and yet Scrumptious! Cooking made easy, just for you! (Cost of materials extra.)

Course No. 6133 GARDENING - HANDS ON

Sessions: 5 Tuesday 8.00pm - 10.00pm Fee: €55

Design/Re-design your garden, proper pruning of plants, soil types. Lawn care and how to maintain a colourful garden all year. General garden tips and advice.

Course No. 6005 THE KITCHEN GARDEN

Sessions: 5 Wednesday 8.00pm -10.00pm Fee: €55

From a windowsill to an acre plot. This basic course will show you how to grow fruit, vegetables and herbs for your kitchen in a small or not so small acre.

HOBBIES & LEISURE (Continued)

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Course No. 6066 TRACTORS & FARM MACHINERY

MAINTENANCE

Sessions: 5 Tuesday 8.00pm -10.00pm Fee: €55

This course is designed to give you a good basic knowledge of Engines, Hydraulics, Transmissions and Electrical systems used on Tractors and farm machinery. It will help you diagnose faults, maintain and repair machines hence avoiding some unnecessary repair bills. The course is aimed at owners or operators of machines, people considering a future in the farm machinery trade or people who simply have an interest in machinery and wish to learn more. We will cover everything from older more basic machines right up to current highly advanced machines.

Course No. 6144 TRACE YOUR FAMILY

Sessions: 5 Monday 8.00pm-10.00pm Fee: €55

"A introductory course on how to trace your family History & build up your family tree, course will look at Births, deaths, marriages, census returns & many more records from Ireland & United Kingdom".

Course No. 6029 ELECTRICITY IN THE HOME

Sessions: 5 Thursday 8.00pm -10.00pm Fee: €55

Would you like to learn more about electricity in your home? This course is designed to introduce you the basics. Modules include safety, economical energy use, appliance energy rating and labelling explained, immersions, timers, outside security lighting, lighting and heating options examined and the care and maintenance of your electrical appliances.

Course No. 6128 PHILOSOPHY- INTRODUCTION

Sessions: 5 Thursday 8.00pm -10.00pm Fee: €55

Philosophy aspires to answer the fundamental questions in life and get to the very root of human existence. Topics covered in this fascinating subject are God, right and wrong, justice, freedom, human rights, and other issues. Will look at some of the Philosophers of the past, Plato, Aristotle, Kant, Sartre and others and this course will also explore the relevance of philosophy to our lives.

Course No. 6031 STAINED GLASS WINDOW PANELS

Sessions: 5 Monday 8.00pm - 10.00pm Fee: €55

Learn the age-old technique of Stained Glass to create your own leaded panel for a window, kitchen unit, cabinet etc. Course will include glass-cutting, leading & basic design. Suitable for total beginners and those with some knowledge of course content.

Course No. 6021 PRACTICAL INTERIOR DESIGN

Sessions: 5 Wednesday 8.00pm-10.00pm Fee: €55

Realistic interior design course. By the end of the course everyone should have redesigned one room in their home and covered enough information to work alone on the other rooms. Colour wheel, assessing colours. Wall treatments including paint and wallpapers. Flooring, fabrics, curtains and blinds. Furniture, lighting and accessories.

Course No. 6112 ADULT DRAMA FOR FUN

Sessions: 5 Wednesday 7.30pm - 9.30pm Fee: €55

Adult Drama for FUN! provides a safe space for some creative play-time! The course is an entertaining, low pressure and engaging exploration of the basics of acting techniques. Whether you have little or no drama experience, Adult drama for FUN! offers a wonderful opportunity to meet new people, experience something different and boost your confidence through theatre games, improvisation, voice and body work.

HOBBIES & LEISURE (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 6025 PLUMBING & CENTRAL HEATING IN THE HOME

Sessions: 5 Tuesday 8.00pm – 10.00pm Fee: €55

Would you like to learn how plumbing and central heating works in your home? This course is designed to introduce you the basics. Modules include safety, energy use, types of boilers and their energy ratings explained, which fuel is best for you, what to do if a pipe bursts, bleeding a radiator, protecting against frost, small plumbing jobs that you can do yourself and care and maintenance of your plumbing system.

Course No. 6035 WOODCARVING

Sessions: 5 Thursday 8.00pm-10.00pm Fee: €65

Learn the ancient art of woodcarving. This course is project based and will cover the fundamentals of woodcarving. Participants will be tutored in the skills of both relief carving and carving in the round. The course will also cover the proper and safe use of woodcarving tools, holding work, sharpening of tools and finishing. Tools will be provided. There will be a small additional charge of €15 for project material.

Course No. 6032 BASIC WOODWORKING

Sessions: 5 Thursday 8.00pm-10.00pm Fee: €55

Learn the techniques and make a project.

Course No. 6033 D. I. Y.

Sessions: 5 Monday 8.00pm-10.00pm Fee: €55

Learn all the simple steps of laying wooden floors and how to make and fit cabinets. Also basic plumbing/tiling and electrical will be explained with simple solutions to making a home a safer place to live.

Course No. 6034 HOUSE BUILDING EXPLAINED

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

Building a new house, an extension, renovating or simply interested in house construction details, then this is the course for you.

Course No. 6036 FURNITURE RESTORATION

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

Restore all types of furniture, re-assemble, remove old polish, re-french polish, stain and finish. Please bring your piece of furniture to be restored on the first night.

Course No. 6028 INTRODUCTION TO COUNSELLING

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

This course offers an introduction to basic counselling skills & practice. The focus will be on experiential learning through group interaction and participation. It aims to provide a foundation for those interested in pursuing further studies in the field and is also suitable for Parents, Teachers and Care Workers. Course given by Qualified Counsellor.

Course No. 6027 INTRODUCTION TO PSYCHOLOGY

Sessions: 5 Thursday 7.30pm-9.30pm Fee: €55

A five week course introducing you to the area of Psychology. Course includes subjects such as Personality, Emotion, Abnormal behaviour, Cognition, Perception and Social Psychology.

HOBBIES & LEISURE (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 6038 LEARNING THE BODHRÁN

Sessions: 5 Monday 8.00pm – 10.00pm Fee: €55

Suitable for beginners and improvers. This course will cover the basic rhythms and techniques of playing the bodhrán with Traditional Music and as a Solo Instrument.

Course No. 6039 LEARNING THE BODHRÁN IMPROVERS

Sessions: 5 Monday 8.00pm – 10.00pm Fee: €55

Course No. 6041 LEARNING THE GUITAR

Sessions: 5 Wednesday 7.30pm – 9.30pm Fee: €55

Suitable for a beginner or for a person with some experience. Tuning, strumming, finger styles etc.

Course No. 6042 GUITAR IMPROVERS

Sessions: 5 Tuesday 8.00pm – 10.00pm Fee: €55

This course is suitable for those with a basic knowledge of playing the Guitar aimed at improving Strumming Patterns, learning more advanced Chords and Finger style playing.

Course No. 6145 LEARNING THE BASS GUITAR

Sessions: 5 Thursday 7.00pm – 9.00pm Fee: €55

Suitable for beginners and improvers. This course will cover the basic styles and techniques of bass playing required to be a confident player in a band. The course will feature rhythms and grooves, scales, hammer-ons, slides, chord arpeggios and slapping. Plectrum and finger styles will be covered too. It is recommended to have an electric bass guitar and amplifier for this course.

Course No. 6047 SINGING

Sessions: 5 Thursday 7.30pm-9.30pm Fee: €55

An opportunity to learn traditional songs in English and Irish. The classes will increase your repertoire of songs and allow you to develop a traditional, unaccompanied style of singing. Songs taught would be suitable for competitions in Fleadhs, Scór na hÓige, Feiseanna and humorous/ballad songs heard in the local! The classes will introduce you to ornamentation, phasing and the art of lilting (diddling and tune) and introduce you to regional styles of singing.

Course No. 6045 TENOR BANJO / MANDOLIN

Sessions: 5 Thursday 7.30pm-9.30pm Fee: €55

Become the next Gerry O'Connor! Learn how to play traditional Irish tunes (jigs and reels) on Tenor Banjo or Mandolin. Suit beginners, novices or floundering fiddlers!

Course No. 6046 KEYBOARD - PIANO

Sessions: 5 Tuesday 8.30pm – 9.30pm Fee: €40

An introduction to Keyboard—Piano Skills. Learn to play your favourite tunes. This course is suitable for beginners and experienced.

NEWS & VIEWS

I completed a Scoil Mhuire Night Class in Stained Glass Window Panels last December. I enjoyed the class immensely and I was very proud of the work I produced with the help of my teacher, Deirdre Cairns. I also enjoyed Creative Writing, so I wrote a piece about my experience and submitted it to YOU magazine at the Daily Mail. I'm very excited, as I've never had an article published before.

THE ARTICLE WAS PUBLISHED ON MARCH 5TH :

In the final months of the year, my Monday nights are usually spent enjoying Bill Cullen's TV search for a new apprentice. I watch as candidates with no apparent business acumen are moulded into something resembling decent prospects by the sheer force of one man's personality. When the most skilful, the most devious, the most cunning of them all is ultimately crowned, I cheer along and then turn my attention to Christmas decorations.

Last year, however, I decided not to buy a ticket to this annual pantomime. Instead of tuning in to Bill Cullen and his team and observing a three-month creation process, I embarked on one of my own. I signed up for Monday night classes in Stained Glass Window Panels at Scoil Mhuire Community School in Clane.

I have a great interest in stained glass and very much admire its hidden beauty. I love how dull-looking panels can suddenly dazzle in the right light. This embedded splendour is a reminder that all human beings have the potential to reflect light and to radiate it brightly.

I wanted to learn more about the craft of stained glass and evening classes seemed like the perfect way to go about it. At a cost of just €110 for 10 sessions, I could acquire basic skills without spending a fortune. Our teacher was Deirdre Cairns, a talented and passionate stained glass artist living in the Midlands. Seven people signed up for the class and together we learned how to cut and grind coloured glass to a pattern, how to complete the leading process and how to solder joints before waterproofing them with cement.

I chose what I thought was a relatively simple tulip pattern and set about cutting the purple, blue, yellow and green glass required. Tools and materials were provided but it took weeks of practice to understand how to use them. Uncontrolled cutting resulted in scratches to the surface of the glass and uncontrolled bleeding resulted from scratches to the surface of my hands. What a waste of good glass and plasters!

The leading process was just as painstaking. The lead was pliable but it didn't seem to want to bend itself around the edges of the shapes that I had cut. Maybe it held my jagged lines and curves in disdain, having previously worked with proper artists like Deirdre. With her assistance, I finally completed this job, closing the last piece of uncooperative lead around a blue corner with intense satisfaction. I moved on to soldering each of the joints, which was like melting sealing wax over an envelope. The final task involved applying special cement before scrubbing the panel clean to reveal two lopsided tulips, all purple and proud.

At that point I was all purple and proud too, from the exertion of rushing to complete my project and the pleasure of creating a work of art, however messy and flawed. I was often the slowest in the class and the last to complete straightforward tasks. I had even thought about not returning to Scoil Mhuire on a couple of occasions when my frustration got the better of me. But I will never forget walking out of the last class after heavy snowfall. I carried my panel into a perfect, white night and thought, "You did it!" The glass tulips then went on a short tour of Kildare as I unveiled them to friends, family and work colleagues. Their enthusiasm didn't always match mine but how could it?

Since I completed the course in December, I have often wondered what it was about the production of a simple stained glass panel that captured my imagination. I have completed many other evening courses in the past, none of which had the same positive impact. I think it comes down to working with my hands for the first time since sewing a pillowcase in secondary school. It is exciting to use tools to shape materials and to create something out of nothing. It is thrilling to join the dots between your body and your mind in that way. That kind of experience is not always available to office workers like me, whose output is often virtual and electronic with no physical form. So, my advice to all those in search of something inspiring and uplifting for 2011 is simple - Don't just watch the Apprentice - become one!

Details of night classes at Scoil Mhuire, Clane available at www.clanesm.com

HOBBIES & LEISURE (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 6072 DRESSMAKING (BEGINNERS)

Sessions: 5 Wednesday 8.00pm-10.00pm Fee: €75

You will be taught how to make a garment that you can wear yourself. You will be guided in every aspect of dressmaking, starting from buying your own pattern and learning how to cut it to your size, how to read and follow pattern instructions. Choose the fabric and cut and match it. Step by step you will be shown how to assemble your garment. Also you will be shown how to set-up and work a domestic sewing machine.

Course No. 6073 DRESSMAKING (IMPROVERS)

Sessions: 5 Monday 8.00pm-10.00pm Fee: €75

This course can be taken by anyone who is already familiar with assembling garments from patterns. It will encourage you to be creative, using more complicated designs from patterns of your choice, e.g. a dress, top and skirt, or trousers, using more sophisticated fabrics.

You will be introduced to a 'Domestic Over Locker', which is a sewing machine used to make garments look more professionally 'finished off'.

This will enable you to practise and become a more confident and competent dressmaker.

Course No. 6019 CROCHET to DESIGNER WEAR

Sessions: 5 Monday 7.30pm - 9.30pm Fee: €55

Why not try your hand at crochet or improve your crochet skills. Crochet is so trendy right now. Learn to make your own summer tops, ponchos or baby wear. You will get hooked once you start!

CLASS REQUIREMENTS: 1 crochet hook size 4mm and 1 ball of yarn, double knitting.

Course No. 6016 CURTAIN MAKING

Sessions: 4 Tuesday 7.30pm-10.00pm Fee: €65

An introduction to curtain making, with a difference, simple sew solutions and no sew solutions to the problem of covering your windows - curtains, pelmets, tie-backs, cushions. If you can hold a sewing needle you will succeed with this course.

Course No. 6014 FLOWER ARRANGING

Sessions: 5 Tuesday 7.30pm-9.30pm Fee: €55

Learn the skills of flower arranging in a relaxing and therapeutic atmosphere. Create your own arrangement of fresh flowers.

Course No. 6012 ASTRONOMY

Sessions: 5 Wednesday 8.00pm-10.00pm Fee: €55

This introductory course is aimed at the casual stargazer and the enthusiastic beginner, designed to build the first steps from a passive interest to active participation in the fascinating study of the night sky.

HOBBIES & LEISURE (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 6030 CREATIVE PHOTOGRAPHY & TECHNIQUES

Sessions: 5 Thursday 8.00pm-10.00pm Fee: €55

Start taking great pictures! Master the workings of your digital camera. Understand composition and exposure and improve your portraits, landscapes, still-life and much more. For beginners and improvers.

Course No. 1016 DIGITAL PHOTOGRAPHY PART 1

Sessions: 5 Thursday 8.30pm-10. Fee: €60

For beginners using any digital camera. Learn to use the functions on your camera, how to download your photos to your computer. Learn how to produce better photographs.

Course No. 1017 DIGITAL PHOTOGRAPHY PART 2

Sessions: 5 Thursday 7.00pm-8.30pm Fee: €60

Get your images onto the computer and learn how to enhance them using basic Photoshop techniques. Produce top quality prints. Prepare your images for quality printing at home or in a Photo Lab.

Course No. 1022 ADVANCED PHOTOGRAPHY

Sessions: 10 Tuesday & Thurs 8.00pm-10.00pm Fee: €150

The course will be project based with work to be completed and reviewed weekly. One final project to be established and worked on throughout the five weeks. Essential equipment Digital/35mm SLR (with lens) tripod. LAPTOP with photoshop elements loaded and licensed (photoshop 7 ideal). Studio flashes, lighting and back drops will be provided.

Course No . 6071 COLOUR ME BEAUTIFUL COLOUR & STYLE

Sessions: Thursday 8.00pm-10.00pm Fee: €60

Discover your colours to help you look younger, healthier & brighter and the secret of how to wear them. Your key styles of clothes to suit your body shape and guarantee a perfect fit and a slimmer silhouette every time. Find which make-up shades suit you naturally.

Course is relaxed, fun and informative. Ideal for women to socialise in the community.

Course No. 6143 ASSERTIVENESS SKILLS

Sessions: 5 Tuesday 8.00pm-10.00pm Fee: €55

Do you ever say "yes" when you want to say "no"? Do you sometimes find it hard to ask for what you want? Are you confident expressing your feelings and opinions? How do you react to criticism? These and other situations are common areas of difficulty for many people. The course will cover the following areas, in a safe friendly atmosphere: making and refusing requests, expressing feelings, building self esteem, handling criticism, goal setting and personal power.

HOBBIES & LEISURE (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No 6085 TAROT FOR BEGINNERS

Sessions: 5 Monday 8.00pm - 10.00pm Fee: €55

Learn the ancient art of the Tarot, learn how to read and use the Tarot and know what the future holds. Know the secret symbols that have fascinated scholars for centuries.

Course No 6086 PSYCHIC DEVELOPMENT

Sessions: 5 Tuesday 8.00pm - 10.00pm Fee: €55

Everyone is born with the ability to communicate with spirit guides, not everyone knows the way to unlock this ability and use it. This course will show you how easy it is to communicate with your guide and also, develop and use your own psychic gifts.

Course No. 6106 ADVANCED PSYCHIC DEVELOPMENT

Sessions: 5 Wednesday 8.00pm - 10.00pm Fee: €55

For those who have completed the Psychic Development course, a way to further develop your mediumship and psychic abilities.

Course No 6098 JEWELLERY MAKING

Sessions: 8 Mon & Thurs 7.30pm - 10.00pm Fee: €190

Learn all the basics to make your own jewellery at home! This course is project based and will cover the fundamentals of Jewellery Making. The course will cover the proper and safe use of jewellery making tools.

Cost of tools included in fee. Suitable for complete beginners. This is not a silversmith course, it is bead jewellery.

Course No. 6127 HAIR EXTENSIONS

Sessions: 5 Thursday 6.45pm - 9.45pm Fee: €210

Trainees learn how to apply and style 100% human hair extensions. This involves a strand by strand method, the latest and most popular trend. Trainees will work on mannequin heads as well as live models. This course covers the latest bonding technique, colour matching, Client consultation, Aftercare Maintenance and Health and Safety. Suitable for all applicants beginning their career or hairdressing professionals. Course also covers styling clip-in extensions and hair pieces. Human Hair extensions last between 3-6 months.

Exam at the end of course is optional. (Purchase of equipment is optional. Each learner will need a model. Cost of hair extensions is extra.)

Course No. 6107 HAIRSTYLING

Sessions: 5 Tuesday 7.30pm - 9.30pm Fee: €55

For the absolute beginner or those who may already have some experience and wish to refresh their skill base. Please note this course does not involve cutting or colouring hair.

Topics may Include: Tools, equipment & product knowledge, Sectioning hair, Pony tails. Using heated appliances (hairdryers, heated rollers, tongs, straightening irons), straight blow dries, Techniques (backcombing, smoothing, creating different types of curls, Velcro rollers and roller placement/ sets). Working with different hair types (fine, thick, curly, dry, damaged, greasy, treated & extensions). Short hair styling. Bridal hair styles (classic, modern and contemporary). Plaits & pleats (French, modern, classic & herringbone). Quiffs and Mowhawks, Using hair pads and hair pieces. (Cost of kit extra).

HOBBIES & LEISURE (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 6058 OIL PAINTING

Sessions: 5 Tuesday 7.00pm - 9.00pm Fee: €55

A course for beginners and experienced in the techniques of oil painting.

Course No. 6060 WATERCOLOUR PAINTING

Sessions: 5 Wednesday 7.00pm - 9.00pm Fee: €55

A course for beginners and experienced in the techniques of painting with watercolours.

Course No. 6057 HAND BUILT POTTERY & MODELLING

Sessions: 5 Monday 7.30pm - 9.30pm Fee: €55

A course for beginners and experienced in the techniques of hand built pottery and modelling. All items made during the course are kiln-fired and glazed.

Course No. 6059 PAINTING WITH ACRYLICS

Sessions: 5 Thursday 7.30pm - 9.30pm Fee: €55

A course for beginners in the technique of painting with this versatile, fast drying medium. Also included will be the theory of colour and colour mixing, collage and still life painting.

Course No. 6083 DRAWING

Sessions: 5 Monday 7.30pm - 9.30pm Fee: €55

Learn to draw a variety of subjects using pencil, charcoal and chalk pastels.

Course No. 6063 CREATIVE WRITING

Sessions: 5 Thursday 8.00pm - 10.00pm Fee: €55

Release your inner creative talent. We will look at various forms of writing including articles, stories, essays, and will cover topics such as dialogue, narrative, character development, research, etc. The techniques under discussion will be practised and writers will receive constructive comments from the class. Tips too on how to get your writing published.

Course No. 6076 DRAWING THE PORTRAIT

Sessions: 5 Monday 8.00pm - 10.00pm Fee: €55

This course is designed for learners who have an interest in sketching portraits that achieve a good likeness. Suitable for absolute beginners and those who have some knowledge in drawing technique. You will need to purchase your own drawing supplies (Cost €20 approx).

Course No 6084 DOG GROOMING

Sessions: 4 Thursday 7.00pm - 9.30pm Fee: €55

This course is for all whether you own a dog or are considering getting one. Learn how to comb your dog, brush out knots, bathe, cut nails, check ears, teeth; when to start to groom your puppy, visits to your vet etc. general health issues.

Course No 6091 BRIDGE

Sessions: 5 Wednesday 7.30pm - 9.30pm Fee: €55

Learn a new hobby and have a good night out.

HOBBIES & LEISURE (Continued)

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 6113 **PICTURE FRAMING**
Sessions: 5 Wednesday 7.30pm – 9.30pm Fee: €55

Course No. 6065 **CAR MAINTENANCE**
Sessions: 5 Tuesday 7.30pm-9.30pm Fee: €55

An introductory course to Car Maintenance encompassing the basic day to day care of your car, preparing for the NCT and dealing with common minor breakdowns. The Result? A car maintained in peak condition, giving you peace of mind.

Course No. 6140 **COMMUNICATION SKILLS**
Sessions: 5 Thursday 8.00pm-10.00pm Fee: €55

This course will teach you the skills required to understand and demonstrate good communication and presentation skills. The course will examine both verbal and non verbal communication and how to get your message across one to one, in small groups and to an audience.

PROFESSIONAL BODIES

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 7010 **PRIMARY FOOD HYGIENE**
Sessions: 4 Wednesday 7.30pm – 10.00pm Fee: €140

Food hygiene - why bother? Food contamination, food delivery and storage, food preparation, cooking and service. Personal hygiene. Design and layout of food premises and pest control. Cleaning. An introduction to hazard analysis critical control point systems.

Each student will receive a course information pack at the opening session. Students will sit a multiple choice paper at the end of each topic and a final written paper at the end of the course. **Students will be registered with the EHOA in order to sit the exam at the end of the course. Maximum of 20 per group. (4 weeks)**

Course No. 7025 **MANUAL HANDLING**
Sessions: 1 Monday 6.00pm-10.00pm Fee: €80

Four hour Course with Practical and Written Test. Legislation, anatomy of skeleton and spine, causes of injury, ergonomics, fitness and flexibility, principles of safe moving and handling inanimate loads.

Students will receive a Certificate on completion of course. Qualified Instructor with IBEC. Maximum of 15 per group. **(One Evening)**

COURSES CONTINUED FROM PREVIOUS TERMS

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Course No. 2015 **LEAVING CERT IRISH (Honours) (Continuation)**
Sessions: 15 Monday 8pm-10pm

Course No. 7007

CERTIFIED ACCOUNTING TECHNICIAN (C A T)

ACCA - (ASSOCIATION OF CHARTERED CERTIFIED ACCOUNTANTS) (Continuation)

YEAR 1 - Introductory and Intermediate

Sessions: 25 Mon & Wed 7.30pm-10.00pm

Course No.7016 **MAKE-UP (Continuation)**
(ITEC CERTIFIED)

September 2010 - June 2011

Wednesday 7.30pm—9.30pm (over three terms)

Course No. 7012 **ANATOMY & PHYSIOLOGY PART 3**
(ITEC CERTIFIED)

September 2010 - June 2011

Thursday 8.00pm-10.00pm Theory - over three terms.

Course No. 7002 **NUI MAYNOOTH**

CERTIFICATE IN COUNSELLING SKILLS
(Continuation)

Course Duration: 100 Hours Part-time over One Year

Thursday 7.00pm - 10.00pm & some Saturday mornings

Course No. 7003 **NUI MAYNOOTH**

CERTIFICATE IN PSYCHOLOGY
(Continuation)

Course Duration: 100 Hours Part-time over One Year

Tuesday 7.00pm - 10.00pm & some Saturday mornings

Course No. 8019 **COMPONENT CERTIFICATE IN**
SPECIAL NEEDS ASSISTING FETAC Level 5

(Continuation)

Sessions: 16 Mondays Module Code D20186

Duration: Completed by end of May 2011

FETAC COURSES

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

**Course No 8038 TRAIN THE TRAINER
FETAC LEVEL 6 COMPONENT CERTIFICATE**

Code E30179 Mon & Thurs 7.00pm –10.00pm Fee: €350

Sessions 10:

This programme is designed to provide the learner with an extended knowledge of delivering training to adults. It will cover the theoretical principles and practical methodologies of adult education. The programme is suited to those trainers or prospective trainers who will support adult learners. Topics to be covered include: Adult Education theory and methodologies. Being an effective trainer. The needs and learning style of adult learners. The trainer and effective communication. How to structure an accredited training course. Conducting a training needs analysis. Using resources and visual aids. Evaluating training programmes. Giving and receiving feedback. The assessment process. www.fetac.ie

Course No 8037 CARE OF THE OLDER PERSON

Sessions: 10 Monday & Thursday 7.30pm-10.00pm Fee: €280

Module Code D20180

FETAC Level 5 www.fetac.ie

The module is designed to equip the learner with the skills and knowledge to care for older people in a variety of settings. Learners will demonstrate good work practice, understand the concept of the ageing process, be able to meet the full range of needs of older people in a variety of care settings and enhance the quality of life of the older person.

**Course No 8039 OCCUPATIONAL FIRST AID
FETAC LEVEL 5 COMPONENT CERTIFICATE**

Code D20188 Tues & Thurs 7.00pm –10.00pm Fee: €350

Sessions 10:

The course will cover how to react to common accidents, which occur in the workplace, until medically qualified personnel arrive. As it is a H.S.A. certified and approved course a registered external examiner is required. A certificate is valid for two years.

Course No. 8045 PAYROLL: Manual & Computerised

Sessions: 8 Mon and Wed 7.00pm -10.00pm Fee: €200

Term 2 Continuation)

FETAC Level 5 www.fetac.ie

Course No. 8044 BOOKKEEPING: Manual & Computerised

Sessions: 8 Tues and Thurs 7.00pm -10.00pm Fee: €200

(Term 2 Continuation)

FETAC Level 5 www.fetac.ie

**Course No. 8032 CHILDCARE FETAC LEVEL 5 AWARD
CONTINUATION**

Code: DCHSC Monday 7.00pm –10.00pm & some Wednesdays

Duration: 2 years part-time

Completed by end of May 2012

Fee: €850 per year (Total Fee €1,700)

An up to date certificate in First Aid is necessary to complete the award, not included in cost above. All components have assignments attached. Suitable for those seeking employment in childcare. Students are required to complete a minimum of 30 hours work experience in a childcare setting either in a paid or voluntary capacity. All students must be fluent English speakers.

FETAC Level 5 Certificate will be available upon successful completion of both Year 1, 2011 and Year 2, 2012. Further information available from www.fetac.ie (use course code)

FURTHER ENQUIRIES TO

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

Padraig Nolan, Principal, Scoil Mhuire, Clane

Padraig Brennan, FETAC Verifier (Deputy Principal), Scoil Mhuire

Seamus Scully, Director of Adult Education, Scoil Mhuire, Clane

Edmond Behan, Assistant Director of Adult Education

Cormac O'Donovan, Assistant Director of Adult Education

Padraig Carbury, Assistant Director of Adult Education

Orla McArdle, Adult Education Co-ordinator

Louise Black, Adult Education Co-ordinator

Sean Brilly, Pat O Connor, Information Technology

Administration Team: Breda Dowling, Bernadette Grogan
Paula McGrath, Jacqueline Slattery
Colette Breslin, Bernie Holligan
Vanessa Burke

Night Staff: Tom Connolly, Eileen Cribbin, Joe McDonald
Matt Dobbins, Andy O'Connor

Telephone: 045 - 868255

Fax: 045 - 868788

Email: claneadult@gmail.com

Website: www.clanesm.com

HOW TO FIND US

DAYTIME COURSES

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

DAY COURSES

The following courses are offered as DAYTIME COURSES in Scoil Mhuire, Clane in our new Adult Education Centre.

All Courses will run for **five weeks** unless otherwise stated.

MONDAY

Course No. 0102 PILATES
Sessions: 5 Ref Page 4 9.30am—10.30am Fee: €45

Course No. 0103 PILATES FOLLOW-ON
Sessions: 5 Ref Page 4 10.30am—11.30am Fee: €45

Course No. 0104 OIL PAINTING
Sessions: 5 Ref Page 14 9.30am—11.30am Fee: €55

Course No. 0110 DRESSMAKING (BEGINNERS)
Sessions: 5 Ref: Page 11 11.30am—1.30pm Fee: €75

Course No 0113 HAIRSTYLING
Sessions: 5 Ref: page 13 11.30am—1.30pm Fee: €55

Course No 0111 GOLF FOR BEGINNERS
Sessions: 5 Ref: page 6 9.30am—11.30am Fee: €55

Course No 0109 THE KITCHEN GARDEN
Sessions: 5 Ref: page 7 1.30pm—3.30pm Fee: €55

TUESDAY

Course No. 0209 SOCIAL MEDIA SKILLS FOR SMALL BUSINESS
Sessions: 5 9.30am — 11.00am Fee: €65
One of the main ways to grow your business is with Social Networking. On this course you will learn how using Facebook, Twitter and LinkedIn can help you grow your business both locally and internationally.

Course No. 0201 WATER COLOUR PAINTING
Sessions: 5 Ref Page 14 9.30am — 11.30am Fee: €55

Course No. 0211 YOGA
Sessions: 5 Ref Page 4 9.30am — 11.00am Fee: €40

Course No. 0205 SPANISH FOR BEGINNERS
Sessions: 5 Ref Page 2 11.30am — 1.30pm Fee: €55

Course No. 0212 PAINTING WITH ACRYLICS
Sessions: 5 Ref: page 14 11.30am—1.30pm Fee: €55

DAYTIME COURSES

You can now enrol on line @ www.clanesm.com or by telephone using Visa, MasterCard or Laser

WEDNESDAY

Course No. 0307 LEARNING THE GUITAR
PRIMARY SCHOOL STUDENTS
Sessions: 5 Ref Page 10 5.00pm—6.00pm Fee: €45

Course No. 0308 LEARNING THE GUITAR
PRIMARY SCHOOL STUDENTS IMPROVERS
Sessions: 5 Ref Page 10 3.45pm—4.45pm Fee: €45

Course No. 0313 INTRODUCTION TO NLP
Sessions: 5 Ref Page 3 9.30am—11.30am Fee: €75

Course No 0305 DIGITAL PHOTOGRAPHY/PHOTOSHOP
Sessions: 5 Ref: page 12 9.30am—11.30am Fee: €80
Edit and enhance your images. Uploading your pictures and preparing for email, making perfect prints and burning onto discs

Course No 0306 DIGITAL PHOTOGRAPHY/
PHOTOSHOP/ IMPROVERS
Ref: page 12
Sessions: 5 12.00 noon—2.00pm Fee: €80

Course No. 0302 MICROSOFT WORD IMPROVERS
Sessions: 5 9.30am—11.30am Fee: €60
Business letters, tables and mail merge.

THURSDAY

Course No. 0402 CREATIVE PHOTOGRAPHY & TECHNIQUES
Sessions: 5 Ref Page 12 11.30am—1.30pm Fee: €55

Course No. 0417 SUGARCRAFT CAKE DECORATING
Sessions: 5 Ref Page 7 9.30am—11.30am Fee: €60

FRIDAY

Course No. 0501 COMPUTERS FOR BEGINNERS
Sessions: 5 Ref Page 1 9.30am—11.30am Fee: €60

Course No. 0502: COMPUTERS FOR IMPROVERS
Sessions: 5 Ref Page 1 11.45am—1.45pm Fee: €60